HEALTH INFORMATION FOR STUDENTS

The Student Health Service
City has a nurse–led advisory service available to all students. We provide a drop-in clinic for advice with minor illness/injury, general health information and contraceptive advice including issuing free condoms. Emergency contraception is also available.

Appointments available in the morning only
Drop-in times 13:00-15:00 - no appointment necessary

If you have a medical condition, please make an appointment to see me to discuss your health needs at City. Please note we have a rest room which you can use if you are taken unwell during the day.

Meningitis C Vaccination
If you are aged 24 or under we strongly recommend you have a Meningitis C Vaccine if you have not had one already. Meningitis is a serious infection which can affect students. The vaccine is available at the Health Service by appointment or via your GP. You are reminded that you should also make sure that you have all other UK recommended immunisations and particularly the MMR (measles mumps and rubella) this vaccine is also available at the Health service or from your GP: http://www.nhs.uk/Conditions/vaccinations/Pages/vaccination-schedule-age-checklist

Registration with a General Practitioner (GP)
It is very important that you are registered with a local GP during your time in London. If your former GP’s practice is outside EC1 he/she will not be in a position to offer emergency services or refer you for specialist treatment if you develop any health problems. The GP practice with close links to City University London is:

The Clerkenwell Medical Practice, Finsbury Health Centre
17 Pine Street, off Farringdon Road/Exmouth Market, London EC1
T: +44 (0)20 7833 5906
www.clerkenwellmedicalpractice.org.uk

Students living in local halls of residences will be invited by email to register with the Clerkenwell Medical Practice. Please note you cannot use their services unless you register now. If you wish to register with the Clerkenwell Practice please complete the GMS1 registration form, the ethnic minority recording form and the Health Questionnaire. (These are available at student health service)

You are at liberty to register with any other practice if you wish.

Visit NHS Choices http://www.nhs.uk/Pages/HomePage.aspx you will need to enter the postcode for where you are living and it will generate a list of GP practices in the locality.

If you have any queries concerning health care and registration with doctors please contact the receptionist in the Health Service who will be happy to answer your queries. We look forward to seeing you at the Health Service and wish you a happy and successful time at City University London. http://www.city.ac.uk/visit/student-services/student-health-service
WHAT TO DO IN THE EVENT OF AN EMERGENCY AT HOME

NHS 111
For health advice and information 24 hours a day, 365 days a year, just dial...111

Your GP
Your GP provides 24 hour access to emergency advice and treatment. It is important that you register with a GP to access this service.

Minor Injuries Unit
St. Bartholomew’s Hospital, West Smithfield London EC1A 7BE
A drop-in service, for treating injuries, such as, fractures, sprains or cuts. X-ray facilities available.
Monday - Friday 08:00 – 20:00

Angel Medical Practice NHS Walk-in Centre
(0.7 miles from Northampton Square Campus)
Ritchie Street Group Practice, 34 Ritchie Street
London N1 0DG
Monday - Friday 08:00 – 20:00 Saturday, Sunday & Bank Holidays 09:00 – 18:00

Accident & Emergency Department
In case of a serious accident or emergency you may go directly to the nearest Accident & Emergency Department at:
University College Hospital
235 Euston Rd London NW1 2BU
T: +44 (0)845 155 5000
The Royal London Hospital
Whitechapel Road, London E1 1BB
T: +44 (0)20 7377 7000
An ambulance can be called by dialling 999

USEFUL NUMBERS

Counselling Service
The University Counselling Service provides confidential individual or group counselling and is located in the Drysdale Building. Students may self-refer.
T: +44 (0)20 7040 8094

The Samaritans
A 24 hour telephone helpline for anyone with emotional difficulties
T: +44 (0)845 79 90 90
E: jo@samaritans.org

Nightline
Telephone support for students with emotional difficulties run by students
T: +44 (0)20 7631 0101

Eating Disorders (BEAT)
T: +44 (0)1603 621 414

Victim Support
T: +44 (0)845 30 30 900

Sexual Health Clinics
St. Bartholomew’s Sexual Health Centre West Smithfield EC1
Confidential advice, investigations and treatment for sexually transmitted infections
Reception T: +44 (0)20 3465 5060
Sexual Health Advisors T: +44 (0)20 7377 7650

Family Planning Association
T: +44 (0)845 122 8690 or text FPA 81066 to find a clinic

National Drugs Helpline (FRANK)
T: +44 (0)800 77 66 00

Drinkline
T: +44 (0)800 917 8282

Eyesight Tests
City University London Optometry & Visual Science Dept. Sight testing and dispensing of spectacles and contact lenses.
T: +44 (0)20 7040 8338
Advice on the web
Web links to these and other support services for students can be accessed via the Student Health Service pages on the student intranet.