MODULE SPECIFICATION

KEY FACTS

<table>
<thead>
<tr>
<th>Module name</th>
<th>Psychology for Health and Social Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Module code</td>
<td>APM003</td>
</tr>
<tr>
<td>School</td>
<td>Health Sciences</td>
</tr>
<tr>
<td>Department or equivalent</td>
<td>Division of Nursing</td>
</tr>
<tr>
<td>UK credits</td>
<td>15</td>
</tr>
<tr>
<td>ECTS</td>
<td>7.5</td>
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<td>Level</td>
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MODULE SUMMARY

Psychology for Health and Social care looks at psychological and social factors associated with physical illness, the impact of illness on individuals, psychological intervention, and how this knowledge can be used in healthcare and social care practice.

The course is divided into three sections: Section 1 introduces psychological theories and evidence relevant to health and social care. Section 2 looks at the psychological impact of illness and psychological intervention. Section 3 uses case studies, such as childbirth and cardiovascular disease, to explore how psychological theory and intervention can be used in practice.

Aims
This module aims (1) to provide an overview of relevant psychological theory and evidence for health and social care and (2) to examine how this can be used in practice.

Objectives
The objectives of this module are to enable students to:
- Critically appraise, evaluate and integrate psychological theories and evidence.
- Articulate the implications of psychological theory and evidence for practice.
- Discuss the application of psychological theory and interventions to specific health issues or illnesses.

Content outline
The course is divided into three sections with the following content:

Section 1: Psychological theories and evidence relevant to health and social care
- Introduction to psychology of health and social care
- Stress
- Coping
- Symptom perception and pain.

Section 2: Psychological impact of illness
- Chronic illness
- Terminal illness and bereavement
- Psychological interventions
Section 3: Case studies (for example)
- Cardiovascular disease
- Obesity
- Cancer
- Childbirth

No prerequisite modules are required.

WHAT WILL I BE EXPECTED TO ACHIEVE?

On successful completion of this module, you will be expected to be able to:

Knowledge and understanding:
- Evaluate the implications of psychological theory and evidence for practice.
- Critically appraise the impact of stress and coping on health.
- Critically appraise how psychological factors influence the perception of physical symptoms.
- Evaluate theories of pain and approaches to pain management.
- Synthesise the evidence on the psychological impact of chronic illness.
- Synthesise evidence on the psychological implications of terminal illness for the terminally ill and their family.

Skills:
- Critically appraise, evaluate and integrate psychological theories and evidence.
- Demonstrate how psychological theory and interventions could be applied to specific health issues or illnesses, such as childbirth or cardiovascular disease.

Values and attitudes:
- Illustrate awareness of the importance of psychological factors in health and illness.
- Promote a holistic, biopsychosocial approach to health and social care.

HOW WILL I LEARN?

A variety of learning and teaching methods will be used including: seminars, group work, case studies, self-reflection and academic reading. These methods will provide you with examples of different ways of learning and teaching that you might reflect upon and use in the future.

We encourage you to contribute to the module through actively participating within the class setting in case studies and group work. You will be asked to relate to and draw upon your professional practice and share these with others.
Key learning and teaching resources will be put on the module website on Moodle. In the independent study time you will be encouraged to read widely and in depth around particular topics and to critically share your understanding and experience with others using the online forum on Moodle.

Teaching pattern:

<table>
<thead>
<tr>
<th>Teaching component</th>
<th>Teaching type</th>
<th>Contact hours (scheduled)</th>
<th>Self-directed study hours (independent)</th>
<th>Placement hours</th>
<th>Total student learning hours</th>
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<tbody>
<tr>
<td>Seminars</td>
<td>Seminar</td>
<td>20</td>
<td>130</td>
<td>0</td>
<td>150</td>
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</table>

Totals: Seminar 20 130 0 150

**WHAT TYPES OF ASSESSMENT AND FEEDBACK CAN I EXPECT?**

Assessments

The assessment for this module is a 3,000 word essay focused on one or more of the seminar topics. The essay titles will be available on Moodle at the start of the module.

Assessment pattern:

<table>
<thead>
<tr>
<th>Assessment component</th>
<th>Assessment type</th>
<th>Weighting</th>
<th>Minimum qualifying mark</th>
<th>Pass/Fail?</th>
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<tbody>
<tr>
<td>Coursework - 3,000 word essay</td>
<td>Written assignment</td>
<td>100%</td>
<td>50%</td>
<td>N/A</td>
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Assessment criteria

Assessment Criteria are descriptions of the skills, knowledge or attributes you need to demonstrate in order to complete an assessment successfully and Grade-Related Criteria are descriptions of the skills, knowledge or attributes students need to demonstrate to achieve a certain grade or mark in an assessment.

Assessment Criteria and Grade-Related Criteria for this module’s assessment will be made available to you at the beginning of the module in the handbook available on Moodle. The module leader will also discuss these in one of the face to face sessions.

Feedback on assessment

Feedback will be provided in writing via Moodle following the marking and moderation of your assessment in line with the Assessment Regulations and Policy. This will happen within three weeks of your submission.
You can arrange to see the module leader or your personal tutor about any feedback you have been given and are advised to use this in future modules when the criteria relate to transferable areas such as presentation, use of literature and theory and ability to analyse, evaluate or synthesise.

Assessment Regulations

The Pass mark for the module is 50%. Any minimum qualifying marks for specific assessments are listed in the table above. The weighting of the different components can also be found above. The Programme Specification contains information on what happens if you fail an assessment component or the module.

INDICATIVE READING LIST

Essential reading:

Supplementary texts:

Version: 2.0
Version date: July 2014
For use from: 2014-15

Appendix: see http://www.hesa.ac.uk/component/option,com_studrec/task,show_file/Itemid,233/mnl,12051/href,JACS3.html/ for the full list of JACS codes and descriptions
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<th>Codes</th>
<th>Description</th>
<th>Price Group</th>
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<tbody>
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<td>Description</td>
<td>Price Group</td>
</tr>
<tr>
<td>B</td>
<td>Subject allied to medicine</td>
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<tr>
<td>JACS Code</td>
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<td>Health Psychology</td>
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