RN/Diploma Nursing
RN/BSc (Hons) Nursing
2009 Curriculum

Fundamental Aspects of Care Theme (FACT)

Module Handbook

An Introduction to Practice Knowledge and Skills in Nursing
NM1726

February 2010 cohort

Year 1 (February 2010 – February 2011)
Details of Module Leader

<table>
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<tr>
<th>Theme Leader:</th>
<th>Maggie Nicol</th>
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<tr>
<td><strong>Module Leader:</strong></td>
<td><strong>Nicci Whiteing</strong></td>
</tr>
<tr>
<td>Room and site:</td>
<td>221, West Smithfield</td>
</tr>
<tr>
<td>Telephone number:</td>
<td>0207 040 5399</td>
</tr>
<tr>
<td>Email address:</td>
<td><a href="mailto:Nicola.Whiteing.1@city.ac.uk">Nicola.Whiteing.1@city.ac.uk</a></td>
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An Introduction to Practice Knowledge & Skills
NM1726

Level: Level 1
Year of Programme: Year 1, February 2010 cohort
Dates running: February 2010 – February 2011

INTRODUCTION

Professional knowledge and skills is an essential aspect of effective nursing practice. This first module in the theme of Fundamental Aspects of Care is designed to introduce students to the core aspects of professional practical knowledge and prepare them to engage in health care assessment and care delivery activities.

A variety of professionals are involved in all patient/client care. Through starting the programme with students from all branches of nursing they will develop, at an early stage in their career, an awareness of the contribution of the interprofessional team in care planning and delivery.

AIMS OF THE MODULE

• Recognise the influence of personal beliefs and values on their approach to professional practice and when developing, maintaining and ending therapeutic relationships
• Develop and utilise communication strategies in a range of settings and situations
• Develop the professional skills, knowledge and attitudes required to assist in delivery of fundamental care as first year students in clinical placements
• Learn from everyday practice experiences and to recognise the importance of formal knowledge
• Appreciate the importance of concepts of patient/client-centred care, professional, ethical practice, and personal accountability and conduct
• Understand their role in health care settings and the importance of accurate documentation and reporting.
• Understand how to support clients/patients experiencing loss and change (including dying and death)
• Develop specific skills, knowledge and attitudes required for progression to the second year of their programme (NMC Proficiencies)

LEARNING OUTCOMES

On successful completion of this module, a student will be expected to be able to:

Cognitive/Intellectual Skills
• You will be able to contribute to the assessment and planning of nursing care, involving patients and clients and where possible, their carers (NMC 2.5)
• You will be able to contribute to the implementation of a programme of nursing care, designed and supervised by registered practitioners, with the involvement of users and carers (NMC 2.6)
• You will demonstrate evidence of developing a knowledge base of Fundamental Aspects of Care that underpins safe and effective nursing practice (NMC 2.7)
• You will be aware of assessment strategies to guide the collection of data for assessing patients and clients and use assessment tools under guidance (NMC 2.4)

Knowledge/Understanding
• You will be able to enter, store, retain and retrieve data essential for the delivery of care (NMC 3.3)
• You will be able to outline a rationale for the care you are providing (NMC 2.4, 2.5)
• You will develop an understanding of and demonstrate the ability to share information inter-professionally (NMC 2.3) (IP)

Subject Specific Skills
• You will be able to demonstrate an understanding of how to identify, assess and reduce personal, patient, client and carers’ level of risk to promote their health
and safety in relation to infection prevention and control, moving & handling and medicines management (NMC 3.1)

• You will be able to contribute to the implementation of a programme of nursing care designed and supervised by registered practitioners (NMC 2.6)

• You will understand the importance of informing patients and clients about intended nursing actions respecting their rights to participate in decisions about their care (NMC 2.5)

Transferable Skills

• You will be able to demonstrate, in simulated practice, a range of nursing skills (NMC 2.8)

• You will be able to accurately take the patient/client’s temperature, pulse, respirations and manual blood pressure, blood glucose monitoring and pain assessment and communicate these to relevant members of the health and social care team (NMC 2.10) (IP)

Values and Attitudes

• You will be able to demonstrate sensitivity when interacting with simulated patients and clients (NMC 2.1)

• You will be able to demonstrate an understanding of respect for patient and client confidentiality (NMC 1.3)

• You will recognise and acknowledge the limitations of your own abilities (NMC 1.1)

• You will recognise the need to adapt care according to the needs of patients and clients where lives are affected by disability, however, manifested (NMC 1.5)
## OVERVIEW OF MODULE CONTENT AND SESSIONS

### Shared Content for Nursing & Midwifery students

- An introduction to FACT
- Infection prevention and control
- Safe management of medicines
- Moving & handling law, ergonomics & risk assessment
- Cardiopulmonary resuscitation
- Monitoring the effectiveness of care
- Principles of asepsis
- Communication frameworks
- Communicating in difficult situations
- Moving & Handling
- Bed making and hygiene care
- Developing therapeutic relationships
- Clinical observation & assessment
- Injections
- Aseptic dressing technique
- Formative Objective Structured Clinical Examination (OSCE)
- The prevention of pressure ulcers
- Hydration and fluid balance
- Pain assessment & management
- Assessing respiratory needs
- Moving & handling risk assessment
- Care of the dying patient
- Drug and alcohol awareness
- Assisting a person to eat and drink
- Assisting with elimination needs
- Sexual health
- An overview of primary care services in England (GP services, PCT services, social care)
- Role of nurses within the primary care health team

### Specific Content for Adult Nursing Students

- Caring for older people
- Principles of care for people with diabetes
- Principles of care for people with peripheral vascular disease

### Specific Content for Mental Health Nursing students

- Mental health disorders and care
- Mental health nursing in different contexts
- Mental health nursing skills

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Produced: December 2009 Cohort: February 2010 2009 Curriculum
Specific Content for Children’s Nursing students

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<th>Assessing children and families</th>
<th>Childhood immunisations</th>
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<td>The developing child and play</td>
<td>Assessment of the sick child in the community</td>
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<tr>
<td>Pre and peri-operative care</td>
<td>Policy documents relating to children outside of hospital</td>
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<tr>
<td>Safety of children, families and staff and accident prevention</td>
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<td>Breast feeding and calculating feeds</td>
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USING YOUR STUDENT DIRECTED STUDY TIME

We expect you to use your private study time to prepare for sessions, particularly practical skills sessions. You will be given information and advice by module and session teachers. For more information please read the Programme Handbook where you will find more explicit information on what is expected of you in your self-directed time.

OTHER RELEVANT INFORMATION

Adult Nursing
Adult nursing is incredibly diverse and adult nurses will care for people throughout the lifespan and offers the opportunity to care for patients and their families in a wide variety of hospital and community settings. Adult nursing involves health education, health promotion and illness prevention as well as caring for those who are ill or dying. As a student of adult nursing this module will enable you to understand how the Fundamental Aspects of Care are essential to the delivery of holistic and evidence based care to people within the many health care settings. During this module you will begin the journey towards developing the practical and communication skills required of an Adult nurse.

Children’s Nursing
Children’s nurses work in partnership with families and carers to maintain the health of children and to provide nursing care for children who are ill in a variety of hospital and community settings. The children's nurse needs to be able to recognise children
as individuals and be skilled at building relationships. They are also required to have excellent communication skills, be technically competent at delivering nursing care and be proficient at teaching and educating children and their families. As a children’s nurse, you may care for children who are acutely ill, have long term health problems, have special needs, or may be dying. It is essential for a children’s nurse to be able to support families throughout times of great stress.

**Mental Health Nursing**

As a student of mental health nursing you can expect to begin to understand how the fundamental aspects of care can be delivered to people with mental health problems. Mental Health nursing is an incredibly diverse area of nursing and Mental Health nurses will care for people throughout the lifespan. During this module you will begin the journey towards developing the skilled communication required of a Mental Health nurse. Mental Health nurses undertake both physical and mental health care and this module will give you the opportunity to start developing the skills that will enable you to provide holistic and evidence based care. Communication is essential within Mental Health nursing, not only as a therapeutic intervention, but also with family members and fellow professionals. In this module you will develop an understanding of who these key professionals are and consider how families can be communicated with and the ethical considerations of this.

**LEARNING AND TEACHING METHODS**

In this introductory module students will be encouraged to develop fundamental skills, knowledge and attitudes expected of students in their first year. Students will be introduced to a core concept in a main lecture group and will then be able to discuss and practice the relevant principles in small group activities.

**Lead Lectures**

Lectures enable information to be presented in a logical manner to groups of students. This is a useful method for presenting an overview of new material to students and stimulating them to read further around the subject.
Simulated Practice
Many of these activities will be devoted to development of technical or interpersonal skills, in particular statutory training required before commencement of placements and will be delivered in clinical skills laboratories. Students will then be expected to demonstrate a range of practical skills utilising all the relevant skills, knowledge and attitudes that are required for delivery of the fundamental aspect of care. Virtual learning and simulated learning experiences will be used to promote understanding of user/carer perspectives; real life placement activities, risk management responsibilities as well as professional responsibilities. Opportunities for additional skills rehearsal is available in the Clinical Skills Centre throughout the day and until 20.00 four evenings per week.

Other Learning Activities
Some aspects of the module are supported through open learning materials in the form of a workbook and tutorials on CitySpace and the CETL website. Other teaching and learning methods will include use of scenarios to promote collaborative group work, problem identification and problem solving skills as well as utilisation of theoretical knowledge gained from related modules such as Building Professional Knowledge and Essentials of Applied Human Biology.

The aim of these learning and teaching activities in the safe environment of simulated practice is to enable the student to feel technically skilled and thus more able to develop these skills in the busy environment of placements and with patients/clients who are dependent on their care.

MODULE ASSESSMENT
There are two assessments for this module.

1. Multiple choice and short answer question examination
This exam is designed to test the student's knowledge and understanding of the
fundamental aspects of care addressed in this module. This is to ensure that students have a good foundation of knowledge upon which to base their future development as a nurse. The examination comprises a series of multiple-choice and short answer questions, all of which should be attempted. The examination will be 1 hour in duration. There will be a number of multiple choice and short answer questions, each of which will be awarded marks to the total of 100%. A mark of 40 (40%) or above is required to pass this examination.

2. OSCE
The purpose of the Objective Structured Clinical Examination (OSCE) is to assess the student's development in a number of practical nursing skills. The student will be required to demonstrate a safe level of practice in a specified number of skills within a specified amount of time. The skills will be chosen from those the student is expected to perform with minimum supervision at this point in their programme. The list of skills to be tested will be known in advance and there will opportunities to practise these skills in preparation for the OSCE.

The OSCE will be no more than 30 minutes in length, and will include an opportunity to reflect on your performance at the end. The date of the OSCE and student start times will be published at least two weeks prior to the OSCE.

Module Pass Requirements
In order to pass the module and acquire the associated credit, a student must complete or be exempted from the assessment component(s) and achieve an aggregate Module Mark of 40%. For information about the assessments, please refer to the separate assessment guidelines.

READING LIST & USEFUL WEBSITES


WEBSITES

Department of Health http://www.dh.gov.uk
National Institute for Clinical Excellence (NICE) http://www.nice.org.uk
Nursing and Midwifery Council (NMC) http://www.nmc-uk.org/
Health Protection Agency http://www.hpa.org.uk
Age Concern & Older People http://www.ageconcern.org.uk
Resources for clients and carers http://www.patient.co.uk
The Kings Fund http://www.kingsfund.org.uk
BBC http://www.bbc.co.uk/health

The websites below will provide an insight into the anatomy and functioning of the human body. This will help you understand the rationale underpinning Fundamental Aspects of Care.

BBC http://bbc.co.uk/science/humanbody
Virtual Body http://medtropolis.com/vbody.asp
Inner body http://www.innerbody.com