

PROGRAMME SPECIFICATION

KEY FACTS

Programme name	MSc Nursing (RN/ Pre-registration) (Adult and Mental Health)
Award	MSc
School	School of Health & Psychological Sciences
Department or equivalent	Nursing
Course Code	NUPNRP
Route Code	PSNRRN
UCAS code	3412
Programme code	NUMSRNN02
Type of study	Full-time
Total UK credits	210
Total ECTS	105

PROGRAMME SUMMARY

The MSc Nursing (RN/ Pre-registration) (Adult and Mental Health) will enable you to achieve the required professional competencies to be eligible to register with the Nursing and Midwifery Council (NMC) as a registered nurse (RN) in both Adult and Mental Health Nursing. Mental illness has a huge impact on the physical health of individuals with people with a mental health condition being at a higher risk of experiencing physical health problems such as diabetes and heart conditions (Gilbury et al, 2014). Conversely people with long term physical health conditions are more likely to experience mental health issues, particularly depression. Therefore, there is a need to develop a nursing workforce that is fit for the current demands of health care in the UK, one which can meet the needs of people with either a mental health condition or a physical health condition or both. A combined programme which allows graduates to achieve registration in mental health and adult nursing will meet this demand. As a nurse with combined adult and mental health nurse registration you will be equipped to support the delivery of quality health care within a contemporary health service.

The MSc Nursing (RN/ Pre-registration) (Adult and Mental Health) route is open to graduates who have demonstrated the ability to study independently at level 6. You must have evidence of self-direction; academic skill and competence in learning; an ability to search, evaluate and analyse research and information and be able to communicate effectively. These requirements will be reviewed using the Recognition of Prior Learning (RPL) process before you commence the pre-registration nursing programme. Within the RPL process, you will be required to demonstrate achievement of the equivalent of 15 credits, 675 of the theoretical hours and map learning against identified learning outcomes from Programme Stage 1 of the BSc (Hons) Nursing (RN/ Pre-registration) programme. You also must demonstrate achievement of specified learning outcomes which are the equivalent of 500 clinical hours as part of the admissions process.

The underpinning philosophy of your nursing programme is 'Person-Centred Care' which is a way of thinking and providing health care whilst viewing service users as essential partners in planning, developing and monitoring care to ensure that their needs are met. Person-centred care is not just about giving people whatever they want but person-centred care considers desires, values, individual family situation, lifestyles and social circumstances. This approach requires a holistic and inclusive approach to care and forms the basis of shared decision making. Therefore, people are viewed as individuals and forming an effective relationship to aid decision making and care delivery is key to this.

This dynamic and innovative programme uses this approach as a focus to prepare you to obtain an MSc Nursing (RN/ Pre- registration) Adult and Mental Health and to be eligible to apply for registration as a nurse with the Nursing and Midwifery Council (NMC) as both an adult nurse and a mental health nurse. It enables you to develop into a knowledgeable, skilled, reflective, adaptable, culturally sensitive and compassionate practitioner.

Your programme of study will equip you with the appropriate knowledge and, skills and will shape values to meet the complex healthcare needs of members of the community across a range of practice settings promoting a population-based focus. This will enable you to demonstrate the professional values expected, to deliver high quality evidence informed care to all individuals, their families and their communities; this includes critical engagement with research as well as other forms of evidence in all programme stages and will culminate in you completing a dissertation in your final programme stage. You will be a critical user of evidence enabling you to develop a well informed and creative approach to care. The programme fosters a commitment to lifelong learning and academic excellence in teaching, facilitation, clinical practice and leadership that are designed to support your future aspirations as a registered nurse.

You will undertake theory and practice in both the Adult and Mental Health fields of nursing which require you to meet the NMC Standards for Pre-Registration Nursing Education (2018) and achieve specified learning outcomes which will be assessed throughout your programme. The intellectual, professional, academic and clinical competencies that you must acquire for the Adult Nursing field of practice are also informed by The European Directive 2005/36/EC (as amended by Directive 2013/ 55/ EU)

This programme will set you on the path to achieving clinical proficiency in both the adult and mental health fields of practice. You will undertake learning with other students who are pursuing a field specific nursing pathway. You will also participate in learning with students from other professional disciplines such as Speech and Language Therapy, so that you develop the ability to work effectively within the inter-professional team.

Aim of the programme

The overarching aim of the MSc Nursing (RN/ Pre-registration) (Adult and Mental Health) programme is for you to have the qualities of a 'City nurse' on successful completion of the programme. As a City nurse, you will be able to lead high quality evidence informed person-centred care to enhance the health and well-being of individuals, their families and their communities throughout life.

Context of care

The context of care where City nurses will be practicing is one in which patients and service users make decisions about their health and those of their families based on a wide range of social, cultural and psychological factors, determined by their life experience, socio- economic position and wider social determinants. City nurses will be adept and skilled at working to promote health, prevent ill-health, mitigate further deterioration when ill-health occurs and promote recovery. Working proactively with wider health and social partners, and families, City nurses will be confident to provide holistic care in a wide range of settings, often at home or within the community and with a wide range of partners.

Principles:

To achieve the above aim for nursing graduates of City, University of London the principles outlined below inform the curriculum and are threaded throughout each of the modules of student learning.

- **Ethics, Equity and Diversity**

Inclusive models of health and well-being recognise the importance of ethical care in a setting of equity and diversity. Developing graduates with a strong sense of moral principles, beliefs and values consistent with delivering high quality health care is core to the City nursing programme. Further, achieving equity and diversity means ensuring that individuals or groups are not treated differently on the basis of age, race, gender, disability, religion or belief, social and economic status, sexual orientation. The City nurse will recognise, respect and value people's differences to contribute and realise their full potential by promoting an inclusive culture for all. In addition, City nurses will champion and advocate for necessary changes to maximise population health at all levels of society, and in particular for those groups who are disadvantaged or feel disconnected from wider society.

- **Working in partnership**

Working in partnership with patients and service users as well as families and carers is essential in providing high quality person-centred care. Developing such partnerships enables meaningful relationships based on effective communication and shared goals. The City nurse will work in partnership to empower patients and service users to become experts in their own care. Working in partnership with inter-disciplinary and multi-agency colleagues across health and social care is essential to facilitate health service provision that draws on the unique knowledge and skills of all team members, delivers care in the most appropriate setting, and promotes recovery, health and well-being.

- **Evidence informed practice**

Evidence informed practice incorporates the integration of the best available evidence, clinician expertise and the patients' or service users' knowledge, wishes, values and circumstances. The best available evidence will not always be research evidence, but may incorporate experiential knowledge and knowledge of the biosciences and social sciences. To achieve evidence informed practice nurses are required to access, appraise and use evidence, and other forms of knowledge, to inform their clinical

decision making. The City nurse will develop skills in understanding research and applying it to clinical practice to minimise risk and provide safe, high quality care for patients, service users, their families, carers and the community. These skills will also be the basis for ongoing development and practice as a critically thinking nurse.

- **Leadership**

Nurses play a central role in health and social care hence leadership is essential in all roles. Leadership is the ability to influence and work with others, using effective interpersonal skills, to attain goals. Leadership in nursing requires understanding of the cultural, historical and professional context to develop and articulate a shared vision and goals, influence organisational, societal and political activities and guide the delivery of care to achieve optimal patient and service user outcomes.

- **Communication and caring**

Excellent communication skills can help build strong relationships with patients, service users, families and carers, as well as other members of the inter-disciplinary team to provide a high level of care. Effective communication is essential to understand the unique situation, beliefs and values of each patient and service user, to create shared goals of care, to identify challenges and potential risks, and to provide care throughout life. The City nurse will develop strong communication skills to enable effective collaboration with inter-disciplinary and multi-agency colleagues in a manner that incorporates the perspective of all to achieve optimal solutions for individuals, families and the community.

- **Professional attributes**

Professional nursing practice requires nurses to adhere to the NMC Code. Integral to this is the need to prioritise people, practice effectively, preserve safety and promote professionalism and trust. City nurses will develop skills to empower themselves, their colleagues and the patients and services users they provide care to, so that the strengths of all parties are recognised and developed. City graduates are accountable for their actions as nurses, and required to adhere to the legal and professional requirements of the practice setting.

The Future Nurse: Standards of Proficiency for Registered Nurses (NMC, 2018)

The NMC Standards for Proficiency (2018) inform and guide the aims and outcomes of the programme. The proficiencies are grouped under seven platforms which consider the key components of the roles, responsibilities and accountabilities of registered nurses and reflect the expectations of a newly registered nurse at the start of their career. Having successfully completed the programme, you will be required to demonstrate the platforms which are:

Platform 1: Be an accountable professional

- be responsible and accountable for their actions
- act in the best interests of people, put them first, and provide nursing care that is person-centred, safe and compassionate
- act professionally at all times, using their knowledge and experience to make evidence-based decisions about care
- communicate effectively, are role models for others and are accountable for their actions

- continually reflect their practice and keep abreast of new and emerging developments in nursing, health and care

Platform 2: Promoting health and preventing ill health

- play a key role in improving and maintaining the mental, physical and behavioural health and well-being of people, families, communities and populations
- support and enable people at stages of life and in all care settings to make informed choices about how to manage health challenges in order to maximise the quality of life and improve health outcomes
- be actively involved in the promotion of and protection against health and ill health and engage in public health, community development and global health agendas and in the reduction of health inequalities.

Platform 3: Assessing needs and planning care

- prioritise the needs of people when assessing and reviewing their mental, physical, cognitive, behavioural, social and spiritual needs
- use information obtained during assessments to identify the priorities and requirements for person-centred and evidence-based nursing interventions and support
- work in partnership with people to develop person-centred care plan that take into account their circumstances, characteristics and preferences.
- accept that patients and families become experts in their own care and ensure they have the resources at their disposal to assist them to make informed decisions and that plans for intervention, care and support are tailored to their individual needs and preferences.

Platform 4: Providing and evaluating care

- take the lead in providing evidence based, compassionate and safe nursing interventions
- ensure that care they provide and delegate is person-centred and of a consistently high standard
- support people of all ages in a range of care setting
- work in partnership with people, families and carers to evaluate whether care is effective and the goals of care have been met in line with their wishes, preferences and desired outcomes

Platform 5: Leading and managing nursing care and working in teams

- provide leadership by acting as a role model for best practice in the delivery of nursing care
- are responsible for managing nursing care and are accountable for the appropriate delegation and supervision of care provided by others in the team including lay carers
- play an active and equal role in the interdisciplinary team, collaborating and communicating effectively with a range of colleagues

Platform 6: Improving safety and quality of care

- make a key contribution to the continuous monitoring and quality improvement of care and treatment in order to enhance health outcomes and peoples experience of nursing and related care

- assess risks to safety or experience and take appropriate action to manage those, putting the best interests, needs and preferences of people first

Platform 7: Coordinating care

- play a leadership role in coordinating and managing the complex nursing and integrated care needs of people at any stage of their lives, across a range of organisations and settings.
- Contribute to processes of organisational change through an awareness of local and national policies

The full-time programme will be three years in length and must be completed within five years of commencing the programme. The programme consists of 3 Programme Stages and you will be expected to demonstrate achievement of set competencies and outcomes at the end of each Programme Stage to enable progression to the next Programme Stage or to complete the programme, in line with City, University of London assessment regulation requirements. In regards to NMC progression, your whole three programme consists of one NMC part. Overall the NMC requires the programme to be 50% theory (minimum 3113 hours) and 50% practice (minimum 3260 hours) (minimum 6373 hours total), which includes the theory and practice hours claimed during the RPL process. You must attend 80% of the theory component of the programme. You must complete all the practice hours. You will have supernumerary status when on placement. The theoretical hours of the programme are made up of the University's requirement for students to expend 150 hours of student effort for every 15 credits awarded and an additional number of theory hours allocated based on your ability as a graduate to study independently. These additional hours enable you to achieve the Standards of Proficiency for Registered Nurses as required to be nominated for registration by the NMC.

On completion of Programme Stage 1, you will be able to discuss underlying foundation concepts and principles associated with nursing practice and apply these to the Adult and Mental Health fields of nursing practice. Successful completion of Programme Stage 1 plus one of the theory modules in Programme Stage 2, allows you to be awarded a Post- Graduate Certificate in Health Studies should you leave the programme. However, you will not be eligible to register with the NMC and therefore practise as a nurse

On completion of Programme Stage 2, you will have built upon your previous knowledge and experience and have developed an ability to deliver person-centred care in different contexts. You will have developed skills of enquiry in relation to nursing and nursing practice and developed a variety of approaches to problem-solving as well being able to identify the limitations of your knowledge. In Programme Stage 2, your learning will be consisting of both field specific and cross field seminars and lectures to enhance the integration of physical health and mental health. Successful completion of Programme Stage 2, allows you to be awarded a Post-Graduate Diploma in Health Studies should you leave the programme. However, you will not be eligible to register with the NMC and therefore practise as a nurse

On completion of Programme Stage 3 of the programme you will have further developed a coherent systematic, detailed knowledge of nursing in your chosen field of practice. You will be prepared for registration so that you can influence, manage,

co-ordinate and lead care delivery across health and social care in both fields of nursing. You will have developed techniques for practice, drawing on evidence and research scholarship demonstrating your role as a reflective practitioner. Successful completion of Programme Stage 3, allows you to be awarded an MSc in Nursing (RN/ Pre-registration) (Adult and Mental Health) and you will be eligible for dual registration with the NMC and therefore practise as a nurse within both adult and mental health settings.

Your practice experience comprises of two elements: simulated practice and clinical - placements within our placement providers. Simulated practice accounts for 280 hours of practice within the programme. During simulated practice, you will participate in clinically focused learning which will allow you to acquire and develop your clinical practice in a safe environment. High, medium and low fidelity simulation ranging from paper based clinical vignettes or situations to advanced technology in the form of interactive mannequins will be used appropriately. The focus of simulated practice will be both hospital and community based to allow for the integration of care across the care spectrum is explored. Simulated practice is lecturer led, with involvement by placement provider staff and users and carers.

Your remaining practice hours will be achieved in clinical placements. Practice experience in London will give you the opportunity to work with individuals, their families and their communities throughout the life course across a variety of placement settings such as acute hospitals and primary care as well as community settings including service users' own homes. A unique feature of practice in the London environment is the opportunity to work within diverse communities with a wide range of social and cultural characteristics. You will have field specific placements to ensure you develop clinical competence in both adult and mental health settings. Field specific opportunities such as forensic mental health setting placement and community-based care are facilitated. In your second programme stage, you will be expected to negotiate a 2-week elective practice experience which allows you to pursue specific clinical interests. The elective placement may be negotiated in local health and social care settings or may take place elsewhere in the United Kingdom or abroad. You will be given specific information about how to negotiate this placement at the beginning of stage 2.

The programme consists of 3 Programme Stages to enable mapping of the programme at different award levels. On the MSc Nursing (RN/ Pre-registration) (Adult and Mental Health), all Programme Stages will be at HE Level 7 (Masters Level). Combined Practice and Simulated Practice modules make up the practice component for each Stage of the programme. The Stages for the MSc Nursing (RN/ Pre-registration) route are as follows:

Programme Stage 1- Foundations for Nursing
Programme Stage 2- Person-Centred Care in Context
Programme Stage 3- Becoming a Proficient Practitioner

At the beginning of your programme you will be provided with a programme plan identifying which modules you are required to complete for your specific field of practice, as well as assignment submission dates. You will also be given details of the specific placement experiences that you will undertake in each year.

Both theory and practice modules are outlined in their respective module specifications, which give you information on the learning outcomes for the modules, indicative content and the assessment for that module.

You will be allocated a personal tutor at the beginning of your programme who oversees your pastoral wellbeing and will also be able to advise you on a range of academic issues. Your personal tutor will be a member of the academic team who will have adult and mental health nurse registration with the NMC. During your different practice experiences, you will be allocated a practice supervisor who will support you on placement, help you to negotiate learning opportunities and assess your progress whilst on placement. You will also be allocated a practice assessor who will assess your achievement of the requirements of the placement. An academic assessor will also be allocated to you for each programme stage. The academic staff also act as link lecturers, visiting the placement areas to offer you support during placement experiences.

WHAT WILL I BE EXPECTED TO ACHIEVE?

On successful completion of this programme, you will be expected to be able to:

Knowledge and understanding

- Synthesise relevant legal and regulatory requirements, governance requirements, policies, and ethical frameworks and guidelines so there is appropriate application to practice.
- Act proactively in situations when there is a potential 'cause for concern'.
- Explain the professional responsibility for adopting a healthy lifestyle and maintain a level of personal fitness and wellbeing.
- Critically evaluate and synthesise knowledge of research methods, ethics and governance to inform best nursing practice.
- Synthesise the available evidence and draw on experience to underpin logical and sound decision making.
- Critically evaluate the principles, practice and evidence base for health screening and health promotion activities.
- Synthesise how determinants of health influence patterns of health and health outcomes justifying the application of this knowledge to support others self-manage their health.
- Critically evaluate the importance early years interventions and impact of adverse life experiences.
- Critically explore the principles of pathogenesis and immunology within the provision of immunisation and vaccination to enable health promotion.
- Synthesise knowledge of biopsychosocial sciences and human development applying this knowledge to develop accurate person-centred nursing assessments and develop appropriate care plans.
- Synthesise knowledge of commonly encountered mental, physical, cognitive and behavioural health conditions, in the nursing assessment undertaken to formulate person-centred nursing care plans.

- Critically apply and synthesise knowledge about different conditions during nursing assessment and care planning.
- Critically apply the principles underpinning partnership in nursing care.
- Critically evaluate knowledge of pharmacology, to inform safe prescribing from an agreed formulary, recognising the effects of medication, allergies, drug sensitivities, side effects, contraindications, incompatibilities and the impact of polypharmacy.
- Critically evaluate change theories and explain their influence on policy and care.
- Critically explore and synthesise the principles of quality improvement and audit, and how these strategies can be implemented.
- Critically apply principles of health and safety with a recognition of risk assessment and proactive management of potential hazards.
- Critically consider the differences between effective risk management and risk aversion.
- Critically evaluate the relationship between safe staffing levels, adequate skills mix, safety and quality of care, and how to escalate concerns.
- Critically apply and act in line with risk management local and national frameworks, legislation and regulations.
- Evaluate and synthesise resilience and emotional intelligence within personal development and decision making.
- Recognise signs of vulnerability in yourself or your colleagues and identify the action required to minimise risks to health.
- Critically evaluate leadership theories to team working and decision making.
- Analyse the principles and processes of performance management and how these apply to leadership roles in nursing.
- Critically explore the principles of health economics and its relevance to resource allocation in health and social care and the impact on future care delivery.
- Explain the processes involved in developing a basic business case drawing on appropriate evidence for additional funding.
- Explain and rationalise the roles of registered nurses and other health professionals in managing and prioritising actions and care in the event of a major incident.

Values and attitudes

- Apply and synthesise principles of non-discriminatory non-judgemental person-centred care at all times.
- Critically consider the importance of professional development and feedback.
- Evaluate and proactively implement individualised end of life care.
- Critically evaluate the roles, responsibilities and scope of practice of all members of the nursing and multidisciplinary team, and how to make best use of their contributions ensuring all have an active role as appropriate in care provision.
- Actively negotiate and advocate on behalf of people to ensure equal access to care and support.
- Ensure processes are in place to facilitate independence, avoiding unnecessary interventions and disruptions in life style.
- Evaluate the importance of managing, supporting and motivating others in regards to leading care.

- Contribute to clinical supervision and team reflection activities to evaluate practice and services and identify improvements that could be made.
- Evaluate and synthesise strategies to develop resilience and emotional intelligence.
- Critically explore how to influence policy and prompt change in health care organisations, demonstrating the development of political awareness and skills.

Skills

- Act in accordance with the Code: Professional standards of practice and behaviour for nurses and midwives to fulfil all registration requirements.
- Communicate effectively using a range of skills and strategies with different groups of people, in different situations ensuring your practice supports people being empowered and making informed choices.
- Effectively utilise literacy skills (including digital and technological) and numeracy skills in nursing practice.
- Develop, manage and maintain appropriate relationships with people, their families and carers and colleagues demonstrating an ability to adapt your skills to various situations.
- Critically apply the principles of infection prevention and control.
- Recognise people at risk of harm and provide adequate safeguarding for vulnerable people.
- Accurately assess a person's capacity to make autonomous decisions and apply ethical principles within 'best interest' decision making.
- Develop care plans that prioritise and recognise co-morbidities and the demands of meeting people's nursing and social care needs.
- Provide others with accurate information that meets their needs before, during and after interventions supplementing this information with further explanation as your recognise there is a need.
- Undertake a complete and accurate assessment of essential care requirements to meet people's needs and to set agreed goals for health and social care.
- Perform all required nursing procedures and effectively manage devices to meet people's needs.
- Evaluate knowledge of medication and treatment during nursing assessment.
- Critically apply information obtained during assessment to identify care requirements and agree goals, including end of life needs.
- Work in partnership with people, families and carers to continuously monitor, evaluate and reassess the effectiveness of all agreed nursing care plans and, shared decision making based on sound evidence to readjust agreed goals.
- Co-ordinate and apply principles of safe discharge home or transfer between care settings.
- Safely and effectively lead and manage the nursing care of a small group of people.
- Monitor and evaluate quality of care delegated to others and make suggestions for improvements.
- Undertake routine investigations, interpreting and sharing findings as appropriate and take prompt action when required, including escalating to other professionals.
- Evaluate signs of deterioration and take proactive action, including escalation to others, to prevent or reduce risk of harm to the person and others.

- Discuss critically the principles underpinning first aid procedures and intermediate life support and demonstrate the ability to perform these competently.
- Apply the principles of safe and effective optimisation and administration of medicines in accordance with local and national policies. Including proficiency and accuracy when calculating dosages of prescribed medicines.
- Supervise and teach others, offering constructive feedback to ensure quality of care and support reflective practice and identification of professional development needs.

This programme has been developed in accordance with the QAA Subject Benchmark for Nursing

Registration Period

The normal period of registration for this programme is 3 years (full time students)

The maximum period of registration for this programme is 5 years (full time)

HOW WILL I LEARN?

The programme uses a blended approach encompassing both face to face and online learning and teaching strategies. It makes full use of available learning technologies whilst recognising the value of face to face interaction and facilitation. The approaches used reflect the higher level of ability of graduates and provide you with opportunities to integrate learning. The variety of methods used will develop your current strengths and preferred learning styles, but will also help you to acquire further educational strategies to meet the required outcomes of the programme.

A range of methods will be used throughout the programme, including:

- Lectures – A lecture enables information to be presented in a logical manner to groups of students. This is a useful method for presenting an overview of new materials and in stimulating you to read further around the subject area. Lectures may be in ‘real time’ or recorded. A lecture can help you to feel secure developing your understanding of complex knowledge required for your field of practice and point you to significant areas for further study.
- Seminar Groups—these small groups will encourage you to apply theory to practice and to develop a deep and systematic understanding of subject matter. They encourage team working and can be motivating, enhance communication skills and challenge powers of reasoning. You will usually remain in the same small group throughout the programme. This helps to foster a sense of belonging to a particular professional group and provides continuity. Small group work will entail you giving presentations to demonstrate achievement of set tasks; engaging in practical sessions to develop your clinical skills; or debates to engage you in group discussions around contemporary or complex issues or to pursue specific lines of enquiry. Small groups may meet in the classroom or in a ‘virtual environment’ such as a discussion forum or online tutorial.

- Laboratory Practical – These will enable you to consolidate material taught in the lectures, facilitate the acquisition of manual and team skills and provide opportunities for you to use conceptual knowledge and cognitive processes.
- Enquiry Based Learning (EBL) – this enables the introduction of a ‘trigger’ or complex situation so that you can embark on a journey of enquiry related to the issues(s) raised. EBL helps you to develop ideas at a high level of abstraction whilst helping you to develop critical responses within group dynamics.
- Practice Experience– The aim of practice experience is for you to observe, participate and practise your skills in a variety of real-life contexts. The experience enables you to purposely relate theory to the practice of caring and enables your skills and knowledge to develop through supervised practice. Your practice experience will take place within a distinct Community of Practice so that you work consistently within an established team of health and social care professionals. Your placements will take place in a variety of settings such as specialist units, hospital wards and primary care settings such as Health Centres and service user’s homes. You will experience the 24/7 nature of nursing
- Personal and Professional Development (PPD)- PPD offers you an opportunity to participate in facilitated discussions regarding your placement experiences in a safe environment, in order for you to learn from experiences you may have found challenging. Reflection on placement experiences is a structured form of learning and helps in the development of professional attributes such emotional resilience, emotional intelligence and reflective practice. The different fields of nursing will offer PPD in different forms best suited to that particular field.
- Simulated Practice (SimPrac) – This enables you to be placed into situations which simulate real life clinical scenarios. Simulation enables you to practise skills within a safe environment and assists with the transfer of these skills to the ‘real life’ setting. A range of technologies such are used to facilitate learning e.g. high-fidelity simulation models; video feedback and analysis for debriefing. You will be encouraged to generate original and creative solutions to complex situations, which will enable you to argue for alternative approaches to care in practice. Simulated practice is underpinned by the theory modules allowing for reinforcement and application of knowledge obtained.
- Inter- professional education (IPE) - health care delivery is multi-professional and requires health care professionals to work together in order to ensure a holistic approach to person-centred care. You will need to develop an appreciation of the contribution of the different roles of different health care professionals to health care, and learning with different professional groups will support this. To allow for this, you may have opportunities to participate in simulated scenarios and structured online learning with students from different professional groups.
- Guided Independent Study –During the programme you will have time allocated to undertake prescribed activities individually or in study groups. These activities may form part of the formative assessment strategy to help you to complete the summative assessment or may be set tasks which you should complete prior to attendance at a taught session.

- Student Directed Learning – You may also use some of the additional study time to explore areas of interest, practise skills and prepare for assessments. Whilst this time counts towards the theoretical hours for the programme, it will be up to you to decide exactly how you spend this time and which areas of learning you wish to pursue. You may negotiate with relevant module leaders which areas of study might be appropriate. You may also use this time to attend any of the seminars and master classes open to post-graduate students.
- Online Learning- Online learning uses computer and internet-based technologies and resources. These technologies will be used to facilitate, distribute and enhance learning. The portal to online learning at City is situated within a virtual learning platform named Moodle. You will be given access rights to Moodle and other appropriate online resources.

You will also have access to University student support services from Learning Success. Learning support at City is provided by the three teams within Learning Success: Disability Support, Neurodiversity Support and Academic Learning Support. There is also a Mental Health service. More information can be found at:

<https://studenthub.city.ac.uk/help-and-support>

Learning and teaching hours:

Overall the programme hours are 2438 theory and 2760 practice experience therefore meeting the NMC minimal requirements following successful RPL of theory hours (675) and practice (500). During your practice experience (simulated and placement) you will work an average of 40 hours per week, but no more than 48 hours as per the European Working Directive (2003/88/EC). Theoretical hours will consist of approximately 36 direct contact hours per 150 total hours allocated for each 15-credit module. You must attend 80% of the timetabled theory time. You will have supernumerary status when on placement. In the remaining theoretical hours, you will be expected to pursue guided independent study, complete pre-session work to enable facilitated discussion and self-directed study, some of which may be online and may require the use of learning tools such as Moodle. Time is also allocated within the programme for you to complete your assessments.

Formative assessment is incorporated into the different modules and may consist of feedback within taught sessions, the use of materials on Moodle (such as quizzes) or individual feedback from module leaders.

WHAT TYPES OF ASSESSMENT AND FEEDBACK CAN I EXPECT?

Assessment Strategies

A range of assessment strategies will be used throughout the programme to test your knowledge, attitudes, skills and standards of competency in all aspects of the Masters route. A variety of assessment types suits the spectrum of ability and learning preferences within the student body. As a graduate, some of the strategies used will be familiar to you, whilst others may not. The assessment strategy gives you the opportunity to demonstrate post-graduate levels of ability in both theory and practice. You will be

expected to demonstrate evaluation, synthesis of ideas, creativity and originality of thought and the ability to operate within complex and unpredictable contexts.

Most modules have only one summative assessment with 100% weighting but there are some modules where there is more than one assessment and the weighting for each assessment component is outlined clearly within the module specification.

The menu of assessment strategies used within the programme may include:

- Practice Assessment Document (PAD): these will help you to demonstrate achievement of field specific, practice competencies and also to record the number of hours of practice experience. You will be expected to complete one PAD in each Stage of the programme to enable progression to the next Programme Stage.
- Written assignment, including essay: these enable you to explore and demonstrate the links between theory and practice. You will be expected to demonstrate a deep and systematic understanding related to set subject areas and use ideas at a high level of abstraction. You will demonstrate critical application of theories and principles to practice; critical appraisal of the evidence base; synthesis of ideas; an ability to critically reflect upon practice and generate suggestions for practice development. Essays may take the form of care studies in which you will be expected to relate your essay to a particular service user or they may be reflective accounts of learning achieved whilst undertaking set tasks such as community profiling or patchwork texts.
- Examinations (short answer questions, multiple choice questions, calculations; scenario based; viva voce): enable you to demonstrate your ability to recall safe levels of knowledge which can be applied in practice. These are used when safety is of paramount importance for example the requirement for accurate drug calculations. Examinations can also test your ability to critically discuss safe, prioritised and evidence-based care for service users with complex needs. You may be required to participate in a viva voce which offers you the opportunity to articulate your knowledge and understanding about a particular subject or clinical situation.
- Objective Structured Clinical Examination (OSCEs): these are practical examinations which enable you to demonstrate particular clinical, communication or teaching skills. You will be expected to critically reflect upon your performance in OSCEs.
- Dissertation: this final project will enable you to choose a relevant topic of interest to you and demonstrate an in-depth knowledge of this. You will be expected to critically appraise the current body of knowledge on the topic you have chosen, synthesise it and make suggestions for future practice and research.
- Synoptic assessment: this is an assessment which will encourage you to combine elements of your learning to show your knowledge and understanding. It will enable you to integrate and apply your knowledge across the three programme stages, thereby showing an in-depth understanding. This will be achieved through the development of a professional portfolio in which you will collect evidence of the development of professional values, inter-professional learning, development of assessment skills and reflective accounts focused on teaching others and giving/receiving feedback. You will receive information on how to develop your professional portfolio in Programme Stage 1, and you will receive formative feedback from your

personal tutor at the end of Programme Stages 1 and 2. Your professional portfolio forms part of your summative practice assessment in Programme Stage 3.

Assessment Criteria are descriptions, based on the intended learning outcomes, of the skills, knowledge or attitudes that you need to demonstrate in order to complete an assessment successfully, providing a mechanism by which the quality of an assessment can be measured. Grade- Related Criteria are descriptions of the level of skills, knowledge or attributes that you need to demonstrate in order achieve a certain grade or mark in an assessment, providing a mechanism by which the quality of an assessment can be measured and placed within the overall set of marks. Assessment Criteria and Grade-Related Criteria will be made available to you to support you in completing assessments. These may be provided in programme handbooks, module specifications, on the virtual learning environment or attached to a specific assessment task.

Feedback on assessment

Feedback will be provided in line with the University's Assessment and Feedback Policy. In particular, you will normally be provided with feedback within three weeks of the submission deadline or assessment date. This would normally include a provisional grade or mark. For end of module examinations or an equivalent significant task (e.g. an end of module project), feedback will normally be provided within four weeks. The timescale for feedback on final year projects or dissertations may be longer. The full policy can be found at: <https://www.city.ac.uk/about/education/quality-manual/6-assessment>

Assessment Regulations

In order to pass your Programme, you should complete successfully or be exempted from the relevant modules and assessments and will therefore acquire the required number of credits.

In regards to your classification, the Programme Stages are weighted as follows:

Programme Stage 1: 20%

Programme Stage 2: 40%

Programme Stage 3: 40%

The pass mark for each module is 50%. If there is more than one assessment for a module, you will need to achieve 50% for each assessment component and your overall module mark will be an average mark derived from each component. Details will be found in individual module specifications and assessment guidelines. If you fail an assessment component or a module you will be offered one resit attempt. If you are successful in the resit, you will be awarded the credit for that module however the mark obtained will be capped at the minimum pass mark (50%). If you do not satisfy your resit by the date specified you will not progress to the next Programme Stage and the Assessment Board will withdraw you from the Programme.

In your practice modules, you will have a formative assessment focused on learning acquired during simulated practice as well as a summative assessment focused on your clinical placement. You must pass the summative component to be awarded the credits for that module and therefore the practice requirements for each programme stage.

The mark used for the purpose of calculation towards your Award will be calculated from the original marks for the component(s) that you passed at first attempt and the minimum pass mark for the component(s) for which you took a resit.

The Assessment Board may permit at its discretion a second resit subject to the following criteria:

- an overall average of at least 50% in the taught elements of the Programme Stages 1, 2 or 3 excluding one failed module must have been achieved.
- a second resit cannot be offered for any clinical failed module (consisting of clinical placements or in-house clinical assessments)

When making a decision on whether an Assessment Board should exercise discretion in awarding a third and final attempt, the average mark across all previous Stages will be considered but the failed module will not be taken into account when looking at the average mark.

All modules will be weighted equally in this process so a 15-credit module would be given equal consideration as a 45-credit module.

If the assessment is practice based and there are only outstanding signatures within the Practice Assessment Document (PAD), the PAD will be referred and students can re-submit. The referred PAD will not be counted when calculating the average grade over the programme or Stage.

If you fail to meet the requirements for the Programme, but satisfy the requirements for a lower-level Award, then a lower qualification may be awarded as per the table below. If you fail to meet the requirements for the Programme and are not eligible for the award of a lower level qualification, the Assessment Board will withdraw you from the Programme.

If you would like to know more about the way in which assessment works at City, please see the full version of the Assessment Regulations at:

https://www.city.ac.uk/_data/assets/pdf_file/0007/453652/s19.pdf

Safe Practice and Raising Concerns

The nursing programme is regulated by the professional statutory and regulatory body, the Nursing and Midwifery Council (NMC). Robust processes are in place to manage non-academic concerns relating to student performance in the clinical placement area. The university and placement partners work in close collaboration to ensure your learning in both theory and practice is facilitated.

The School of Health & Psychological Sciences is required to monitor your progress and take appropriate action if any issues related to good health or good character arise. In the event of poor or unsafe performance being identified in practice, the School has a Cause for Concern Process. This process enables robust actions to be put in place to support and monitor your development. If it becomes necessary for a formal investigation to be undertaken, this is underpinned by the School's Fitness to Practise Policy.

The full School of Health & Psychological Sciences' Fitness to Practise Policy can be found:

https://www.city.ac.uk/_data/assets/pdf_file/0003/460281/Fitness-to-Practise-Policy-and-Procedure-V2-12-Feb-19.pdf

Declaration of Good Health and Good Character

It is a requirement that nursing students confirm good health and good character at each progression point, before progressing into the subsequent Stage of the programme. The Fitness to Practise process will be initiated if you do not complete the self- declaration.

On successful completion of both theory and practice elements of the programme, and following ratification of results by the Assessment Board the Programme Director (or nominee) is required to sign a Declaration confirming your good health and good character. This is a Nursing and Midwifery Council (NMC) requirement which must take place prior to application for registration on the NMC Professional Register.

WHAT AWARD CAN I GET?

Master's Degree Nursing (RN/ Pre-registration) Adult and Mental Health (with eligibility to apply for NMC registration in both Adult and Mental Health fields of Nursing):

On successful completion of all theory and practice elements of the programme, you will attain this award, and will be eligible to apply for registration with the NMC in both adult and mental health field of nursing. In recognition of your successful RPL claim to obtain a place on the programme, 15 credits (HEI Level 6) was awarded to you. This is in addition to the credits identified below for Programme Stage 1.

Programme Stage	HE Level	Credits	Weighting (%)	Class	% required
RPL	6	15	0%		
1	7	45	20 %	With Distinction	70
2	7	75	40 %	With Merit	60
3	7	75	40%	Without classification	50

Master's Degree in Health Studies (without NMC registration):

On successful completion of all theory elements but failure of the stage 3 Practice PAD (HSM013), you will exit with a Master's Degree in Health Studies, and will not be eligible to apply for registration with the NMC and therefore you cannot practice as a registered nurse.

Programme Stage	HE Level	Credits	Weighting (%)	Class	% required
RPL	6	15	0%		
1	7	45	20 %	With Distinction	70
2	7	75	40 %	With Merit	60
3	7	60	40%	Without classification	50

Post Graduate Diploma in Nursing Adult and Mental Health (pre-registration) (with eligibility to apply for NMC registration):

If you achieve the practice requirements for the MSc Nursing (RN/ Pre-registration) Adult and Mental Health but fail to meet the academic requirements for the MSc Nursing (RN, Pre-registration) Adult and Mental Health and have exhausted all permitted resit opportunities, but have achieved 150 credits at level 7 (excluding the Dissertation module) you may be awarded a Post Graduate Diploma in Nursing. This award allows you to apply for registration with the NMC in both the Adult and Mental Health fields of nursing.

Programme Stage	HE Level	Credits	Weighting (%)
RPL	6	15	0%
1	7	45	30%
2	7	75	50%
3	7	30	20%

Class	% required
With Distinction	70
With Merit	60
Without classification	50

Post Graduate Diploma in Health Studies (without NMC registration):

If you fail to meet the requirements for the MSc Nursing (RN/ Pre-registration) Adult and Mental Health and have exhausted all permitted resit opportunities, but have achieved 120 credits at level 7 you may be awarded a Post Graduate Diploma in Health Studies. This award does not allow you to register with the NMC.

Programme Stage	HE Level	Credits	Weighting (%)
RPL	6	15	0%
1	7	45	35%
2	7	75	65%

Class	% required
With Distinction	70
With Merit	60
Without classification	50

Post Graduate Certificate in Health Studies (without NMC registration):

If you fail to meet the requirements for the MSc Nursing (RN/ Pre-registration) Adult and Mental Health and have exhausted all permitted resit opportunities, but have achieved 60 credits at level 7, you may be awarded a Post Graduate Certificate in Health Studies. This award does not allow you to register with the NMC.

Programme Stage	HE Level	Credits	Weighting (%)
RPL	6	15	0%
1	7	45	75%
2	7	15	25%

Class	% required
With Distinction	70
With Merit	60
Without classification	50

WHAT WILL I STUDY?

In order to pass a Programme Stage of a Programme, you should acquire the total credit set out in the Programme Scheme at the specified level for the Award, or have been exempted as provided elsewhere.

Programme Stage 1

To pass Programme Stage 1 you must successfully complete both the theoretical and practice elements of the programme by the end of this Stage.

Structure

Programme Stage 1 focuses on 'Foundations for Nursing'. Your RPL essay which you submitted to commence the programme accounts for 15 of the academic credits in Programme Stage 1. Programme Stage 1 is 25 weeks in duration (including 3 weeks holiday).

Programme Stage 1 has 1 core theory integrated module and one practice module.

- Foundations for Evidence Informed Nursing Knowledge and Care Across the Lifecourse: (Adult and Mental Health)

The practice component of Programme Stage 1 comprises of 1 integrated module which combines simulated practice and placement experience:

- Practice 1- Foundations for Nursing Care (Adult and Mental Health)

There are no elective or optional modules in Programme Stage 1 of the programme

Module Title	SITS Code	Module Credits	Core/ Elective	Compensation Yes/No	Level
Foundations for Evidence Informed Nursing Knowledge and Care Across the Lifecourse	HSM002	30	C	No	7
Practice 1- Foundations for Nursing Care (Adult and Mental Health)	HSM015	15	C	No	7

Programme Stage 2

In order to pass a Programme Stage, you should acquire the total credit set out in the Programme Scheme at the specified level for the Award, or have been exempted as provided elsewhere.

To pass Programme Stage 2 you must successfully complete both the theoretical and practice elements of the programme by the end of this Stage.

Structure

Programme Stage 2 has 3 core theory modules, one of which is integrated, and one integrated practice module.

The focus of Programme Stage 2 is 'Person-Centred Care in Context'. Programme stage 2 is 78 weeks in duration (including 18 weeks holiday)

Integration of care for people with acute and long term needs across health and social care (Adult and Mental Health)

- Principles of Prescribing Critical Use of Evidence to Inform Decision Making in Practice

The practice component of Programme Stage 2 comprises of 1 integrated module which combines simulated practice and placement experience:

- Practice 2- Applying Knowledge and Skills for Person-Centred Care for Practice (Adult and Mental Health)

There are no elective or optional modules in Programme Stage 2 of the programme

Module Title	SITS Code	Module Credits	Core/ Elective	Compensation Yes/No	Level
Integration of care for people with acute and long term needs across health and social care (Adult and Mental Health)	HSM012	30	C	No	7
Critical Use of Evidence to Inform Decision Making in Practice	HSM005	15	C	No	7
Principles of Prescribing	HSM006	15	C	No	7
Practice 2- Applying Knowledge and Skills for Person-Centred Care for Practice (Adult and Mental Health)	HSM017	15	C	No	7

Programme Stage 3

In order to pass a Programme Stage, you should acquire the total credit set out in the Programme Scheme at the specified level for the Award, or have been exempted as provided elsewhere.

To pass Programme Stage 3 you must successfully complete both the theoretical and practice elements of the programme by the end of this Stage.

Structure

The focus of Programme Stage 3 is 'Becoming a Proficient Practitioner'. Programme Stage 3 is 52 weeks in duration (including 11 weeks holiday).

Programme Stage 3 has 2 core theory modules and one integrated practice module:

- Leading and Managing Across Health and Social Care
- Dissertation

The practice component of Programme Stage 3 comprises of 1 integrated module which combines simulated practice and placement experience:

- Practice 3- Developing Advanced Knowledge and Skills for Professional Practice (Adult and Mental Health)

There are no elective or optional modules in Programme Stage 3 of the programme

Module Title	SITS Code	Module Credits	Core/ Elective	Compensation Yes/No	Level
Leading and Managing Across Health and Social Care	HSM008	15	C	No	7
Dissertation	HSM009	45	C	No	7
Practice 3: Developing Advanced Knowledge and Skills for Professional Practice (Adult and Mental Health)	HSM013	15	C	No	7

You are not required to complete all the taught modules successfully before progressing to the dissertation. You will undertake your dissertation in Programme Stage 3 whilst undertaking the other modules within Programme Stage 3.

TO WHAT KIND OF CAREER MIGHT I GO ON?

Following completion of the programme there are a wide range of opportunities to practice as a Registered Nurse across the two fields of Adult or Mental Health nursing practice. Nursing takes place in a variety of care contexts and settings including acute hospital settings; health centres; residential care; service users' homes; business and large organisations; social enterprise; public health; education and prisons.

This programme ideally positions you to pursue an accelerated career pathway and to become a future leader, clinical expert or researcher within the nursing profession. You may develop the relevant expertise to become a specialist or consultant nurse or a nurse therapist in the future, which can be based both in the community and acute setting. Nursing allows you to develop into a specialist practitioner such as a General Practice Nurse (GPN) or Advanced Nurse Practitioner, which require further study and qualifications.

Registered nurses are required expected to continue their own personal and professional development throughout their career, as required by the NMC for revalidation every three years. Your personal career aspirations can be discussed during your programme with your personal tutor and you may also seek help and guidance from the University Careers service. In Programme Stage 3, a careers day is organised and career opportunities identified in conjunction with our practice providers.

You will also be given opportunities to prepare for interviews and develop Personal Development Plans during the programme.

If you would like more information on the Careers support available at City, please go to: <http://www.city.ac.uk/careers/for-students-and-recent-graduates>.

WHAT STUDY ABROAD OPTIONS ARE AVAILABLE?

An elective placement is scheduled in Programme Stage 2. You may use this opportunity to negotiate a practice experience in a health or social care environment, locally, nationally or internationally. This is a two-week placement. Specific guidance on the process for negotiating your elective placement will be given at the beginning of Stage 2.

WHAT PLACEMENT OPPORTUNITIES ARE AVAILABLE?

50% of the programme is practice focused, and much of this will be spent on placement with our practice partners. You will have supernumerary status when on placement. This time will be spent in a variety of care settings allowing you to gain experience in both adult and mental health nursing: NHS Trusts, the independent sector, care homes, home settings, forensic mental health setting, and community setting. Simulated practice is an important component of your practice experience and will take place within the School of Health & Psychological Sciences.

WILL I GET ANY PROFESSIONAL RECOGNITION?

Accrediting Body: This course is recognised by the Nursing and Midwifery Council. On successful completion of this programme, you will be eligible to apply for registration with the Nursing and Midwifery Council to join the NMC Professional Register. You have 5 years from completion of the programme to be eligible to register your qualification with the NMC.

See : <http://www.nmc.org.uk/registration/joining-the-register/> for more information

HOW DO I ENTER THE PROGRAMME?

Applications are welcomed from a wide range of disciplines with a first- or second-class honours degree, but must demonstrate an awareness of health or health related care issues.

Applicants must demonstrate competency in spoken and written English and numeracy through a minimum of Grade C (4) or overseas equivalent in GCSE Maths and English. In line with NMC Standards (NMC, 2010), where the International English Language Testing System (IELTS) is offered as evidence, applicants whose first language is not English must achieve an overall average score of 7.0, with at least 7.0 in the listening, reading writing and speaking sections.

Demonstrate insight into one or more of the following; public health, health care policy, health promotion, the politics of health, history of health care, epidemiology, sociology of health and illness, cultural diversity and health care, psychology, nursing and/or experience of caring, e.g. Work experience, caring for relatives.

In addition:

- Attend an interview with the MSc Nursing (RN/ Pre-registration) (Adult and Mental Health) programme director and a mental health service user
- You will be required to successfully complete an RPL claim as outlined below.
- You will be required to have occupational health clearance and a satisfactory DBS (Disclosure and Barring Service) check. Academic and character references are also required.

Recognition of Prior Learning (RPL) Regulations

This programme allows:

The NMC (Standard 1.5) permits recognition of prior learning that is capable of being mapped to the Standards of proficiency for registered nurses and programme outcomes, up to a maximum of 50 percent of the programme and comply with Article 31(3) of Directive 2005/36/EC. You may RPL modules from Programme Stage 1 and/or Programme Stage 2 of the programme where prior learning can be mapped to current standards of proficiency for registered nurses and the programme outcomes. The maximum volume of permitted is 2/3 of the Programme from FHEQ Level 4/5 modules. The student must complete all modules and learning outcomes at Programme Stage 3.

Nurses with existing NMC Registration may RPL modules from Programme Stage 1 and/or Programme Stage 2 of the programme where prior learning can be mapped to current standards of proficiency for registered nurses and the programme outcomes

The NMC permits registered nurses to RPL part of a programme to gain a second registration in a different field of practice, in line with NMC Standards, where prior learning is capable of being mapped to the Standards of proficiency for registered nurses and programme outcomes. The maximum volume of permitted is 2/3 of the Programme from FHEQ Level 4/5 modules. The student must complete all modules and learning outcomes at Programme Stage 3.

All applications are to be considered on a case by case basis. The applicant would be required to negotiate the RPL requirements for gaining a second registration on an individual basis in relation to their current field of practice and their post registration clinical experience.

The previous academic qualification certificate will be rescinded on successful completion of the programme.

You will be required to complete the RPL process related to theory before you commence the programme. RPL (entry) is a claim against prior theoretical learning; it is part of the admissions process and will be managed on a day to day basis by the admissions team and the admissions tutor for each field of practice.

Overall management and responsibility for RPL lies with the Programme Director. To commence the programme you must demonstrate achievement of the equivalent of 15 credits, 675 of the theory hours and learning which is mapped against identified learning outcomes from Programme Stage 1 of the BSc (Hons) route through the programme. Therefore, there are specific and clearly identified criteria against which RPL will be assessed for each field of practice. RPL can be claimed by undertaking an assessment challenge which will be marked as pass/fail and at academic level 6 (Degree). This assessment will be mapped against learning outcomes from part one of the BSc (Hons) programme. This will require you to submit 2 x 1500-word essays, prior to starting the programme, which must 1) discuss the concept of advocacy in relation to communication strategies and 2) discuss the factors which impact on an individual's health and relate these to health promotion activities. Your essays will be marked by a member of the academic staff with successful achievement of the assessment challenge being a condition of securing a place on the programme.

You also must demonstrate achievement of 500 of the clinical hours within the RPL process, meaning that 2760 hours must be completed during the programme in order to achieve the NMC requirements for registration. To do this, you will need to submit a portfolio of evidence in which you will need to demonstrate how your prior practical experience addresses specific outcomes. The learning outcomes are focused on 'Holistic aspect of health and wellbeing' and in particular, physical care, spirituality, psychological aspects and social aspects. You must also provide evidence of practice hours completed, as well as a personal statement. Your portfolio will be marked by a member of the academic staff with successful achievement of this essay being a condition of securing a place on the programme.

Version: 9.0

Version date: May 2023

For use from: 2023-24