MSc Health Psychology / Psychology and Health online chat session

This online chat session is for students interested in studying our MSc Health Psychology / Psychology and Health course. The session will be run by academic staff, giving you the opportunity to ask questions about your chosen course at City, University of London. As this is a typed chat group session, you will be able to see the answers to questions asked by other attendees.

Thank you for joining us for today’s session which will run from 17:00 - 18:00 (BST). This is an open chat session for you to ask any questions you have regarding this programme and life at City, University of London. During the session we may also share videos, polls or documents relating to your course.

To ask a question, please type it in the chat box. Your question will not post straight away - it will be sent to our Moderators who will type an answer back. Once their answer is complete, it will be published with your question. You are also welcome to post just saying hi and introducing yourself!

Your moderators today are Martin Cartwright, MSc Health Psychology Programme Director and Joe Saxon, Marketing Assistant.

Hello. I’m Dr Martin Cartwright, Programme Director for the MSc Health Psychology / MSc Psychology & Health. I’m looking forward to answering your questions today...

Hi! My name is Joe, and I am a Marketing Assistant at City. I look forward to answering your questions!

Hello! My name is [redacted] from Pakistan.

Hi! How can I help?

I wanna get some information about this course. Is this course is online study or on campus??

It’s a face-to-face (on campus). You can study with us on a Part-Time or Full-Time basis.

Hey!

Hi! Do you have any questions about our MSc Health Psychology?

I study with you as part time.

Great. Our Part-Time course runs over 2 years. Typically you would be required to attend classes on a Friday in Year 1 and a Thursday in Year 2.
My question is directed towards Mr. Cartwright. I am an international applicant for this program, applying from Pakistan. Currently, I am an undergraduate student, getting a degree in the BSc. Social sciences, with psychology being my major. I wanted to ask, if this very department of msc in healthy psychology be accepting applicants from this background. I would be highly grateful to hear from you.

Yes, absolutely! Because you do not have a BSc Psychology you would be eligible to apply for the MSc Psychology & Health. It is identical to the MSc Health Psychology but does not require you to have a BSc Psychology.

Hi there, my name is [redacted]. I'm a recent psychology graduate from Colorado. Is this program available to start in the fall, September 2019? Is this masters more clinical or research focused? What modules are included and what?

Hi [redacted]. The MSc Health Psychology does not train you in practitioner skills but provides an extensive education in the theoretical knowledge and research skills that you would need for doctoral level study (which is where you would get practitioner skills training). Modules are:

- Theoretical Foundations of Health Psychology
- Lifespan, gender and culture
- Preventing Ill Health and Disease
- Understanding and managing long term conditions
- Developing Complex Interventions
- Professional and contextual issues in Health Psychology
- Introduction to research methods
- Advanced research methods

Hi everyone. My name is [redacted] and I'm a physiotherapist in the NHS, very interested in the relationship between psychology and health. I don't have a background in Psychology so I'm looking to do the Psychology and Health MSc. My question was around timetabling which you have just answered Martin - thank you! Would the days be weekly in term times?

Hi [redacted]. Yes, classes run every week during term time. Our terms typically run over 11 weeks, this includes a Reading Week. Term 1 will begin in week commencing 23rd September. Term 2 will begin in week commencing 20th January.

Excuse me, September 2019? And can international students get loans to study? Are scholarships available?
Hi,

Please have a look at our page on Fees and Funding to find out about the financial support on offer at City https://www.city.ac.uk/study/fees-and-funding.

We also offer a variety of scholarships within the School of Health Sciences. You can find out more about them here https://www.city.ac.uk/about/schools/health-sciences/courses/fees-and-funding/postgraduate-funding

**Postgraduate scholarships and funding**

Find out more about the funding and scholarship opportunities available for postgraduate students at the School of Health Sciences.

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**Fees and funding**

Find out about fees at City, as well as the range of funding options.

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That's great! And also, are internationals open to apply for scholarships for this programme?

There is an International Scholarship scheme that you may be eligible for. This is in the form of a £2000 fee waiver (i.e. fee reduction). You would need to ask to be considered for this in your Personal Statement.

And also my department never free me for this course so that is why I do going on this course online..

Unfortunately, City, University of London does not currently offer an online version of the MSc Health Psychology.

Can you suggest me any more courses about psychology that are doing online..

There are one or two universities that used to offer online versions but you would need to check online whether any are currently offering this. Good luck!

Wonderful, thank you for clarifying Martin. Thank you Joe for the links. I saw the comment made by Martin about the International Scholarship scheme so I will also take a look. When is the application for the program due for the upcoming term in September? Is there a fee to apply?
There's no fee to apply for the programme. I would suggest you apply as early as this allows you to plan better but we do accept applications until mid-August.

Hello! I was wondering if there are still spaces for me to apply to the health psychology masters for this year? :)

Hi, yes, spaces are still available on the MSc Health Psychology. If you think this is the course for you, please apply!

Also how long does the personal statement need to be?

Good question. I would around 1.5 sides of a Word document is about the right amount. Tell us why you're interested in Health Psychology, show us (briefly) that you understand what Health Psychology is, and explain how the Masters fits with your career ambitions - these are the key elements to a good Personal Statement.

City, University of London: School of Health Sciences tour

https://youtu.be/rPYLA10TC4E

Do you require letters of recommendations? If so, how many? Is there campus housing available near the University?

Yes, we ask for 2 recommendation letters, at least 1 of which must be academic (ideally both). We place high value of these, so try to choose people who know you well.

Here's a link to some accommodation options for postgraduate students at City:

https://www.city.ac.uk/accommodation/postgraduate

Postgraduate accommodation

City, University of London students can apply for a place in our modern halls of residence or get help with finding private accommodation in London.
Hi Martin what are the job opportunities after I complete my masters program from the college

Graduates with a MSc in Health Psychology might choose to go on to further doctoral level study - this could lead to a PhD and a career in research, or they might complete a Professional Doctorate which could lead to a career as a Practitioner Health Psychologist. Other people taking the learning from the Masters in a range of health-related careers where they seek to apply an understanding of behaviour and behaviour change to various health problems.

This is City, University of London

https://youtu.be/TQhGwUmF96U

Martin, is City and any of the faculty currently involved in health behavior related research? There are other MSc Health Psychology programs offered at other Universities in London, how is this program different?

Yes, lots! Our Programme Team consists of very experienced Chartered Psychologists specialising in Health Psychology research, especially behaviour change. We conduct a lot of research on self-management of long-term conditions, we also develop interventions to change the behaviour of health professionals, we also conduct primary prevention research too. City's Masters has lots of overlap but also lots of distinguishing features from other programmes - for example, we specialise in research on health technology and we have an entire clinical suite dedicated to research in this area.

The course and content looks great. From a facilities and support point of view, would you recommend City as a place to study?

City has a great deal of support services of all our students. We have amazing library staff that run workshops throughout the year on a variety of topics, and dedicated team called Academic Learning Support that focus on help student improve their study skills, and we have a proactive Personal Tutoring system to help students experience problems outside of university. There are support services for every need including help with finance, disability, faith issues, accommodation... Does this answer you question?

Yes, it does thank you! I was thinking mostly along the lines of academic facilities and support which you mention but great to hear about the range of support available.

Happy to help. I hope you decide to apply to City!
This session has now ended. Thank you for joining us for today’s chat. If you have any further questions please email genenquiries@city.ac.uk.