



CITY
UNIVERSITY OF LONDON
— EST 1894 —



Return to Practice (Nursing)

Module Code: NM3946

Introduction

This programme is designed to meet the needs of nurses returning to practice after a break in nursing or a lapse in their registration (more than three years and have been unable to comply with the NMC's Revalidation requirements).

This is a level 6 course, delivered as a single thirty credit module which forms part of the BSc Nursing Studies course. Following successful completion of the programme students will be recommended for re-admission onto the NMC register.

Duration

The programme is made up of 120 hours theory of which 60 hours will be face-to-face classroom contact and 60 hours self-directed learning, including mixed blended learning.

The programme is a day release study programme, one classroom day per week for 10 weeks.

Students will be expected to complete a minimum of 180 hours of practice. The exact number of practice hours required will be dependent on how long the student's registration has lapsed:

Indicative clinical practice hours:

- Break in nursing 3 years to 4 years – 180 clinical practice hours
- Break in nursing 4 years to 5 years – 250 clinical practice hours
- Break in nursing more than 5 years – 300 clinical practice hours.

There are a number of intakes each academic year.

Is this programme right for you?

The programme is designed for UK registered nurses.

Upon successful completion of the programme, you should apply (within 6 months) to the NMC for re-activation of your registration.

What you will study

The programme is designed to review your skills and develop your academic learning to prepare you to return to nursing.

You will examine the current evidence base for nursing practice and refresh your clinical skills. You will be encouraged to develop as a reflective practitioner, enhancing your ability to effectively use current evidence to inform practice.

You will work closely with a personal mentor who will enable you to develop your practice and enhance your personal and professional development. The programme will look at contemporary issues in nursing including:

- NMC standards for practice
- NHS reforms
- Patient safety including safeguarding vulnerable adults and children
- The Mental Capacity Act 2005
- Advances in technology including medical devices and health informatics
- Compassion in practice, dignity in care and the 6Cs
- Equality and diversity
- Medicines management.

Methods of learning

The programme is taught by a mixed mode learning method and includes:

- Reflection and critical incident analysis
- Situational analysis
- Seminars – discussions and small group work.

Programme aims

On successful completion of the programme you should be able to:

- Achieve the knowledge, skills, professional attitudes, behaviour and proficiencies required by the Nursing and Midwifery Council to return to practice
- Demonstrate professional values and accountability by leading and managing nursing care while in a team, promoting safety and quality of care
- Show compassion, evidence based and person-centred care. You will be a critical user of research and use a range of evidence to guide and develop your practice
- Foster a commitment to lifelong learning and academic excellence to work towards achieving your future aspirations as a registered practitioner.

Entry requirements

- Lapsed Registration with the NMC
- Successful outcome of literacy and numeracy test
- A Disclosure and Barring Service (DBS) Check
- Occupational health screening and clearance
- Applicants must also undergo a values-based interview.

We do not secure or find clinical placements. To undertake this programme you must be offered an approved placement by the NHS Trust or organisation.

Assessment

There are both formal and summative (ongoing while you are studying) assessments throughout the course. The assessments include written essays, collating evidence to produce a portfolio and practice based competencies.

Student support

Staff teaching on the programme are supportive of their students' success and are available throughout the course to talk you through any questions you may have. While on practice, you will work alongside a named mentor who will supervise and assess you in gaining the practical skills necessary to successfully complete the course. All students have full access to our IT and library facilities at City, University of London.

Career opportunities

The School of Health Sciences has educated nurses and midwives for over a century and maintains links with many of the major hospitals, community trusts and general practice settings in the City, West, Central and East London. Our position as a School within City, University of London, and an acknowledged centre of excellence in all areas of nursing and midwifery education and practice, ensures students have a stimulating, challenging and enjoyable experience that is recognised by both public and private healthcare providers.

What our students think

"What I liked about the course was that the group was very mixed (ages, experiences) which I wasn't expecting. Support was available if needed; excellent library services and the tutors were always helpful and responsive."

Dorothy Flatman

"I thoroughly enjoyed my placement and completing this course has opened up so many doors."

Aileen Keigher

"The course has helped me to re-establish my confidence to undertake a clinical role again and better manage my career planning and objectives."

Stephen Frith

For further information on the Return to Practice (Nursing) course, fees, start dates and how to apply, visit: www.city.ac.uk/return-to-practice-nursing

Contact for further information

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