Return to Practice Nursing (NM3946)
The Return to Practice (RTP) programme is for Nurses who have not met the Revalidation requirements and whose registration has lapsed. By completing this programme it will enable you to be readmitted to the NMC Register.

The Programme is approved to meet NMC’s Standards for Future Nurse’s Proficiencies (2018) and RTP Standards (2019)
What does the Programme consist of?

The RTP programme is approved at Level 6 (Degree Level)

It consists of 20 days protected learning of which 10 days are face to face classroom contact. The other 10 days are self managed learning which can include employer induction days and e Learning etc.

A period of clinical practice placement is based on how long you had a break in Nursing.

You will be allocated a Practice Assessor and Practice Supervisors to support and assess you whilst on clinical placement.
Indicative Clinical Practice hours you need to complete are based on the years you had a break in Nursing:

Break in Nursing less than 3 to 4 years – 180 clinical practice hours

Break in Nursing between 4 to 5 years – 250 clinical practice hours

Break in Nursing more than 5 years – 300 clinical practice hours

however the final completion will be dependent on you achieving the Proficiencies in the Practice Assessment Document.
Assessment

You will be assessed on the programme by completing a 2,000 word essay and a Practice Assessment Portfolio (PAP) demonstrating achievement of practice competencies.
1. Who can apply for the Return to Practice Programme?

- UK Registered nurses and Enrolled nurses who have had a break in nursing practice and currently hold a lapsed registration. You can be considered for the programme from the following fields in nursing: Adult, Paediatric, Mental Health.

2. How do I apply?

- You can apply directly to City, University of London and we will liaise with the placement provider on your behalf. Or you can make an application directly with the Trust through NHS Jobs advertised on their website. However if you work within a Trust then please speak to your line manager who will be able to assist in this process.
3. What are the Entry Requirements?

To be eligible you must have

A Nursing & Midwifery Council (NMC) lapsed registration

In addition to the above the following are also required:
A satisfactory pass in the literacy and numeracy assessment
A successful joint interview by the Trust and City, University of London
A satisfactory Disclosing Barring Service (DBS) check
(Please be aware that all previous cautions and convictions must be declared)
A satisfactory Occupation Health Screening clearance and
Satisfactory References
4. Who pays for the programme?
At present there is funding available by Health Education England (subject to change) however there is also the opportunity to self-fund.

5. How long will the application process take?
This usually takes between 2-3 months prior to the programme start date. This is to ensure all entry requirements have been satisfactorily met.

6. Will I get paid for the programme?
Some organisations offer a paid band 3 position for the duration of the programme and others will offer an honorary contract which will be unpaid. This will be discussed with the Trust placement provider.
7. Where can I do my placement?
It is possible to undertake your practice placement in a wide range of practical areas e.g. ward, theatre, clinic, community etc. provided that the placement is approved and you have access to a Practice Assessor. This can be further discussed during the application process.

8. How long is the programme?
The practice placement varies with each individual and depends on the length of time you have been away from nursing and the successful completion of your clinical proficiencies. The length of the programme is normally between 3 – 9 months in duration.
9. What support do I get?
Support is provided by the programme team and additional support can be provided by the Academic Support Team at City, University of London. In your practice placement you will be allocated an experienced practitioner to support you as your mentor/sign-off mentor.

10. How will I be assessed?
In addition to undertaking all the theory and practice hours you will be given a competency booklet to complete in your practice placement. You will also need to submit a written 2000 word assignment which involves critical evaluation of three learning objectives.

11. What are the benefits for me.
On completion of the programme, you will be able to apply for a registered nurse position. You will be given the opportunity to undertake a Preceptorship programme and further Continuing Professional Development with your Employer.
Further information can be obtained from:

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Programme Director  
E Mail: maria.bliss.1@city.ac.uk

Ben Teh, Programme Leader, RTP  
School of Health Sciences  
City, University of London  
E Mail: b.teh@city.ac.uk
Student Testimonials

How has studying the Return to Practice Nursing course helped you to develop personally and professionally?

What I liked about the course was that the group was very mixed (ages, experiences) which I wasn’t expecting. The group size was also just about right (approximately 15 of us). I was able to reconnect professionally with nursing and met some very nice people along the way.

How did you find the transition to studying alongside working, did you benefit from any support at City?

The support was available if needed. Excellent library services and the tutors, particularly Ben and Sarah, were always helpful and responsive.
Why did you choose to study at City, University of London?

I wanted to study Return to Practice Nursing in London because the associated clinical placements are located at some of the country’s leading healthcare Trusts. The demographic composition of the areas served by these Trusts is also very broad allowing students to experience a diverse range of clinical conditions and social situations. City, University of London has also achieved 1st place for Nursing in London (Complete University Guide 2019) and 97% overall student satisfaction (NSS2018).
### School of Health Sciences 2014 Research Excellence Results

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<tr>
<th><strong>82%</strong> research activity rated as either world leading or internationally excellent</th>
<th>Ranked <strong>9th</strong> of <strong>94</strong> in the UK for research strength* in Unit of assessment</th>
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<tr>
<td><strong>1st</strong> in London for Nursing, Midwifery and Allied Health for research strength*</td>
<td><strong>6th in the UK</strong> for the number of staff submitted to the REF, demonstrating the breadth and depth of our research excellence</td>
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<td><strong>20%</strong> increase in 3* and 4* world leading or internationally excellent research activity from 2008 assessment</td>
<td><strong>100%</strong> of our research environment was judged as world leading or internationally excellent</td>
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<td><strong>100%</strong> of research impact was judged as world leading or internationally excellent</td>
<td>Find out more about <a href="#">The School of Health Sciences REF Success</a></td>
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