Professional health care regulators and higher education have adopted portfolios as a mechanism for students to reflect on their learning and experience. A reflective portfolio has shown to be a useful tool which brings together both theoretical and experiential learning over the course to integrate material across modules [1]. A systematic review identified that for a portfolio to be at its most effective it should be integrated into the educational routine, scaffolding should be applied to increase motivation, which would lead to development of goal setting and self-evaluation [2].

MyProgress [3] is an electronic portfolio system that can deliver multiple styles of assessments to be used over multiple platforms. We introduced this software in our Optometry Eye Clinic to assess and monitor student performance across a variety of clinics and supervisors.

**WHY?**

Professional health care regulators and higher education have adopted portfolios as a mechanism for students to reflect on their learning and experience. A reflective portfolio has shown to be a useful tool which brings together both theoretical and experiential learning over the course to integrate material across modules [1]. A systematic review identified that for a portfolio to be at its most effective it should be integrated into the educational routine, scaffolding should be applied to increase motivation, which would lead to development of goal setting and self-evaluation [2].

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**HOW?**

The data analysis within MyProgress allowed for a much efficient monitoring of student performance and variety of clinical experience. In addition, it has allowed for better monitoring of supervisor assessment feedback that was logistically impractical to achieve with previous paper based system.

MyProgress significantly reduced the amount of administration time and helped the students to remain more organised throughout the year. Students particularly like the fact it is electronic, whereby carrying around a log book has become obsolete.

**OUTCOMES**

- **Less administration, more time for fun!**
  - Significantly reduced administration with easy monitoring attendance and real time tracking of outstanding core competencies and patient episodes

- **Improved student learning experience**
  - Patient experience can easily be monitored and adapted to improve the range of experience each student receives within the cohort giving better module feedback

- **Engagement in self-reflection**
  - Electronic access to the portfolio positively enforced students of differing abilities to engage in self-reflection of their experiences

- **Audit of supervisor feedback**
  - Remote auditing to improve consistency among supervisors, improved student experience, and allow earlier intervention with students who may be struggling

**References**


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No commercial relationships