PROGRAMME SPECIFICATION

KEY FACTS

<table>
<thead>
<tr>
<th>Programme name</th>
<th>Advanced Practice in Health and Social Care (Adult Mental Health)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Award</td>
<td>PG Cert, PG Dip, MSc</td>
</tr>
<tr>
<td>School</td>
<td>School of Health Sciences</td>
</tr>
<tr>
<td>Department or equivalent</td>
<td>Division of Nursing</td>
</tr>
<tr>
<td>Programme code</td>
<td>PSAHME</td>
</tr>
<tr>
<td>Type of study</td>
<td>Full-time: one year (two days a week) for taught modules, plus up to one year for dissertation. Part-time: two years (one day a week) for taught modules, plus up to one year for dissertation.</td>
</tr>
<tr>
<td>Total UK credits</td>
<td>60, 120, 180</td>
</tr>
<tr>
<td>Total ECTS</td>
<td>30, 60, 90</td>
</tr>
</tbody>
</table>

PROGRAMME SUMMARY

The MSc Advanced Practice in Health and Social Care (Adult Mental Health) is aimed at all healthcare professionals working in mental health services. The course will equip you with the skills, knowledge and awareness in the assessment and formulation of mental health problems, evidence-based psychosocial interventions in mental health and contemporary issues in mental health. You will have the opportunity to discuss key debates in health and social care provision in multi-professional and interdisciplinary contexts. This course is designed to enhance the abilities of health professionals to critically evaluate approaches to mental health care and consider innovative ways of meeting the mental health needs of individuals and communities.

In this programme you will be encouraged to examine the differing professional experiences of other students and to think about effective and competent ways of working collaboratively. You are encouraged to share knowledge gained from your professional backgrounds and consider the challenges of, and barriers to working together. This programme is also committed to ensuring the meaningful participation of both service users and their carers and we seek opportunities to involve the user or carer in the classroom to enable them to share their experiences.

The programme may be undertaken on a full or part-time basis.

The MSc Advanced Practice in Health and Social Care (Adult Mental Health) course offers teaching in the latest theoretical and clinical developments relating to adult mental health. It develops your research skills and critical thinking and provides the opportunity to conduct a research project under expert supervision, laying the foundations for independent research in the future.

This programme enables you to develop the appropriate knowledge and skills to work at an advanced level of practice, and to engage in a more critically informed way with contemporary issues in mental health.

By completing the MSc in APHSC (Adult Mental Health) you will have demonstrated original application of knowledge to the field of health and social care and clinical decision making in relation to practice. You will have been engaged in research that contributes new views to
Those of you who exit the programme with a Postgraduate Diploma will have explored knowledge related to the field of health and social care with a particular focus upon mental health practice to broaden your expertise and skills. You will also have critically evaluated current evidence in the field and provided appropriate critiques of knowledge and techniques in relation to this.

If you exit the programme at postgraduate certificate level you will have been enabled to examine theories related to health and social care with a focus upon mental health and be able to synthesize and apply these to practice. You will have gained critical insight into problems that may arise and be able to consider problem solving mechanisms. You will also be able to use a range of techniques to undertake your scholarly work.

**Aims**

The aim of this programme is to facilitate professionals and practitioners to:

- Work more effectively in an inter-professional context with practitioners and professionals within mental health, social care and associated fields.
- Develop skills and confidence to support autonomous specialist mental health practice.
- Understand approaches to mental health promotion at individual, community and wider societal levels.
- Develop strategies to overcome barriers to interagency and inter-professional working and promote the wider social inclusion of people with mental distress.
- Critically apply theory, evidence and personal experience to practice to promote more effective care and support to people experiencing mental distress, and their carers.
- Consider the needs and experiences of the users of mental health services within the context of interagency and inter-professional work.
- Critically review the prevalence and impact of mental disorders in relation to other health and social problems at local, national and international level.
- Demonstrate understanding of contemporary approaches to the assessment of mental health problems.
- Demonstrate comprehensive understanding of evidence-based psychosocial interventions contemporary issues in mental health practice.
- Evaluate existing knowledge and determine areas for development within multi-professional and interdisciplinary contexts.

**WHAT WILL I BE EXPECTED TO ACHIEVE?**

On successful completion of this programme, you will be expected to be able to:

**Knowledge and understanding:**

- Show knowledge and critical understanding of the principles of research design and statistics.
- Critically appraise the nature of health and social care provision and further develop
your role as an advanced health and social care worker.

Skills:

- Practice as an autonomous practitioner capable of leading professional developments.
- Undertake either an empirical research investigation, a work-based project or an evaluative exposition of the literature.
- Critically evaluate theories, concepts and research and articulate implications for mental health practice development and innovation.

Values and attitudes:

- Demonstrate an understanding of the importance of complying with ethics requirements for conduct of research with human participants.
- Provide value-free and non-discriminatory advice for colleagues, service users and their carers that is appropriate to the management of people with mental health conditions.
- Show an insight into and respect for the experience of service users, their relatives and other health, social work and social care providers and participants in research.
- Show insight into the importance of positively managing risk, when working in a range of health, social work and social care environments, to ensure compassionate care.
- Construct and manage a personal and professional development plan which reflects a commitment to lifelong learning.
- Provide advice for colleagues, patients and their carers that is non-discriminatory and informed by a broader understanding of health and illness.

Registration Period

The normal period of registration for this programme is one year’s taught programme for full-time students (plus up to one year for dissertation) or two years’ taught programme for part-time students (plus up to one year for dissertation).

The maximum period of registration for part-time students is 5 years and the maximum period of registration for full-time students is 3 years. The normal period of registration for the PG Dip award is 1 year for full-time students or 2 years for part-time students.

The normal period of registration for the PG Cert award is 1 year, although students may take modules on an occasional basis over 2 years.

HOW WILL I LEARN?

Time commitments
Full-time: one year (two days a week) for taught modules, plus up to one year for dissertation.
Part-time: two years (one day a week) for taught modules, plus up to one year for dissertation.

A blended approach to learning and teaching is adopted including university-based taught modules; e-learning and work-based learning. Modules are run by experienced practitioners and leading researchers, using a variety of direct and interactive teaching methods. You will learn in large and small multi-professional and multi-disciplinary groups and will be supported and encouraged to participate in independent learning.

You will experience a range of teaching, learning and assessment strategies throughout the programme aimed at developing and assessing different knowledge, skills and attitudes. Lectures are used to provide knowledge about topics. Students undertaking this programme will be encouraged to learn knowledge and skills to enable them to work inter-professionally. The range of teaching methods include: lectures; self-directed study; tutorials; class-based seminars; reflective study; enquiry based learning; workshops; Moodle; individual and collaborative activity; and presentations.

At masters level these strategies are aimed at developing your ability to challenge current limits of theory and research and creatively use solutions to solve problems. You will engage in full professional and academic communication critically debating and evaluating personal performance and that of others.

WHAT TYPES OF ASSESSMENT AND FEEDBACK CAN I EXPECT?

Assessment and Assessment Criteria
Assessments are varied to meet the practice and academic challenges of a Masters level course, while recognising the need for motivating, realistic and relevant activity.

Assessment is diverse and includes essays; reflective practice; practice based assessments; poster presentations; case studies; data analysis; and seminar presentations with supporting papers.

Assessment Criteria are descriptions, based on the intended learning outcomes, of the skills, knowledge or attitudes that you need to demonstrate in order to complete an assessment successfully, providing a mechanism by which the quality of an assessment can be measured. Grade-Related Criteria are descriptions of the level of skills, knowledge or attributes that you need to demonstrate in order achieve a certain grade or mark in an assessment, providing a mechanism by which the quality of an assessment can be measured and placed within the overall set of marks. Assessment Criteria and Grade-Related Criteria will be made available to you to support you in completing assessments. These may be provided in programme handbooks, module specifications, on the virtual learning environment or attached to a specific assessment task.

Feedback on assessment
Feedback will be provided in line with our Assessment and Feedback Policy. In particular, you will normally be provided with feedback within three weeks of the
submission deadline or assessment date. This would normally include a significant task (e.g. an end of module project), feedback will normally be provided within four weeks. The timescale for feedback on final year projects or dissertations may be longer. The full policy can be found at: https://www.city.ac.uk/data/assets/pdf_file/0008/68921/assessment_and_feedback_policy.pdf

Assessment Regulations
In order to pass your programme, you should complete successfully or be exempted from the relevant modules and assessments and will therefore acquire the required number of credits.

The pass mark for each module is 50%.

If you fail an assessment component or a module, you will normally be offered one resit attempt.

If you are successful in the resit, you will be awarded the credit for that module. The mark for each assessment component that is subject to a resit will be capped at the pass mark for the module. This capped mark will be used in the calculation of the final module mark together with the original marks for the component(s) that you passed at first attempt.

If you do not meet the pass requirements for a module and do not complete your resit by the date specified you will not progress and the Assessment Board will require that you be withdrawn from the programme.

If you fail to meet the requirements for the programme, the Assessment Board will consider whether you are eligible for an Exit Award, as per the table below.

If you would like to know more about the way in which assessment works at City, please see the full version of the Assessment Regulations at: http://www.city.ac.uk/_data/assets/word_doc/0003/69249/s19.doc

WHAT AWARD CAN I GET?

Master's Degree:

<table>
<thead>
<tr>
<th>HE Level</th>
<th>Credits</th>
<th>Weighting (%)</th>
<th>Class</th>
<th>% required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taught</td>
<td>7</td>
<td>120</td>
<td>With Distinction</td>
<td>70</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>With Merit</td>
<td>60</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Without classification</td>
<td>50</td>
</tr>
</tbody>
</table>

Postgraduate Diploma:
To exit with a Post Graduate Diploma in Advance Practice in Health and Social Care you will be required to complete either the 30-credit ‘Introduction to Research Methods and Data Analysis’ module or the 15-credit ‘Critical Approaches to Advanced Practice’ module together with other modules from the range available.

In order to exit with a Postgraduate Diploma in Advance Practice in Health and Social Care (Adult Mental Health), you will be required to complete the two discipline specific modules and either the ‘Introduction to Research Methods and Data Analysis’ module or the 15-credit ‘Critical Approaches to Advanced Practice’ module and an additional elective modules if required. The choice of these should be undertaken in consultation with your programme director.

<table>
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<th>Weighting (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taught</td>
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<td>120</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class</th>
<th>% required</th>
</tr>
</thead>
<tbody>
<tr>
<td>With Distinction</td>
<td>70</td>
</tr>
<tr>
<td>With Merit</td>
<td>60</td>
</tr>
<tr>
<td>Without classification</td>
<td>50</td>
</tr>
</tbody>
</table>

Postgraduate Certificate:

To exit with a Postgraduate Certificate in Health and Social Care, you will be required to complete either the 30-credit ‘Introduction to Research Methods and Data Analysis’ module or the 15-credit ‘Critical Approaches in Advanced Practice’ module together with one other 15-credit module.

To exit with a Postgraduate Certificate in Adult Mental Health you will be required to complete two core modules and two other 15-credit modules from the range of core and optional elective modules. The choice of these two optional modules should be undertaken in consultation with your programme director.

To exit with a Postgraduate Certificate in Health Sciences you will be required to achieve 60 credits by successfully completing any combination of modules from the range of core and optional elective modules.

<table>
<thead>
<tr>
<th>HE Level</th>
<th>Credits</th>
<th>Weighting (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taught</td>
<td>7</td>
<td>60</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class</th>
<th>% required</th>
</tr>
</thead>
<tbody>
<tr>
<td>With Distinction</td>
<td>70</td>
</tr>
<tr>
<td>With Merit</td>
<td>60</td>
</tr>
<tr>
<td>Without classification</td>
<td>50</td>
</tr>
</tbody>
</table>
WHAT WILL I STUDY?
If you are working towards the MSc you will study two core modules, three discipline-
specific modules and two elective modules. If you are part-time, you take two modules
per term over two years. If you are full-time, you take four modules per term over one
year.

This list is not binding, as new modules become available from time to time and will be
offered if they are appropriate. Similarly, some modules may become obsolete, and will
be withdrawn. Some modules only run every second year so it is important to make your
module choice in advance and in close consultation with your programme director. If an
elective module has less than a certain number of registered students (typically around
10) it may not run, or may only be offered every second year so please check with your
programme director. You will find your core, discipline specific and elective modules
listed in the table below. You can see a full list of possible elective modules from the
range of MSc programmes offered in the School of Health Sciences at
www.city.ac.uk/health/courses. If you wish to take an elective module that is not listed
below, please do so in consultation with your programme director.

<table>
<thead>
<tr>
<th>Module Title</th>
<th>SITS Code</th>
<th>Module Credits</th>
<th>Core/ Discipline - specific core/ Elective</th>
<th>Compensation Yes/No</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction to Research Methods and Applied Data Analysis</td>
<td>HRM001</td>
<td>30</td>
<td>Core</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Critical Approaches to Advanced Practice</td>
<td>APM001</td>
<td>15</td>
<td>Core</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Assessing and Understanding Mental Health Problems</td>
<td>APM004</td>
<td>15</td>
<td>Discipline Specific</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Evidence-based Psychosocial Interventions in Mental Health</td>
<td>APM005</td>
<td>15</td>
<td>Discipline Specific Core</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Contemporary Issues in Mental Health</td>
<td>APM006</td>
<td>15</td>
<td>Discipline Specific</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Evidence Based Dementia Care</td>
<td>APM007</td>
<td>15</td>
<td>Elective</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Risk Assessment &amp; Management in Mental Health Across the Lifespan</td>
<td>APM031</td>
<td>15</td>
<td>Elective</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Liaison Mental Health Care</td>
<td>APM023</td>
<td>15</td>
<td>Elective</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Child Protection: Working with risk and resilience</td>
<td>NMM400</td>
<td>15</td>
<td>Elective</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Professional Leadership</td>
<td>APM032</td>
<td>15</td>
<td>Elective</td>
<td>No</td>
<td>7</td>
</tr>
<tr>
<td>Early Identification &amp;</td>
<td>APM033</td>
<td>15</td>
<td>Elective</td>
<td>No</td>
<td>7</td>
</tr>
</tbody>
</table>
Psychological Development

Dissertation Component
The dissertation is a core module for completion of the MSc. See the dissertation module and dissertation handbook for more information.

You may begin carrying out your dissertation during the year but you are only able to submit it once you have completed all the taught modules successfully.

<table>
<thead>
<tr>
<th>Module Title</th>
<th>SITS Code</th>
<th>Module Credits</th>
<th>Core/Elective</th>
<th>Compensation Yes/No</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSc Dissertation</td>
<td>APM002</td>
<td>60</td>
<td>core</td>
<td>No</td>
<td>7</td>
</tr>
</tbody>
</table>

TO WHAT KIND OF CAREER MIGHT I GO ON?
As a graduate you will have gained a deep understanding and knowledge of adult mental health to enable you to work effectively and collaboratively across professional agencies and boundaries. Previous students have gone on to secure influential roles within the professional areas of mental health and social care, the voluntary sector and health policy and management. Successful completion of the MSc fulfils the requirements for higher-grade, senior advanced practice posts in health and social care.

If you would like more information on the Careers support available at City, please go to: http://www.city.ac.uk/careers/for-students-and-recent-graduates.

WHAT STUDY ABROAD OPTIONS ARE AVAILABLE?
There are no study abroad options available on this programme.

HOW DO I ENTER THE PROGRAMME?
All entrants to the programme must be in possession of relevant first degree, normally of a least 2.2 level. Applicants without a first degree will be considered.

Students applying for the MSc Advanced Practice in Health and Social Care (Adult Mental Health) programme are expected to have a professional qualification and have experience of at least 1 year in, for example: voluntary sector, social work, education, primary care, mental health nursing, psychology, psychiatry, criminal justice, residential workers and who are currently working in an agency with responsibility for aspects of inter-professional practice relating to their own discipline.

There are a certain number of commissioned places available in association with the East London NHS Foundation Trust, who have a formal agreement with City. Prospective students can approach their Line Managers or the Trust Education Lead regarding these.

We very much welcome service users onto the programme who may have voluntary or paid experience in health and social work fields.

For students whose first language is not English, the following qualifications will meet the English language requirement for entry to a post graduate course of study:
- A first degree from a UK university
- A first degree from an overseas institution recognised by City as providing adequate evidence of proficiency in the English language, for example, from institutions in Australia, Canada or the USA
- International English Language Testing Service (IELTS) a score of 7.0 is required with no subtest scoring below 6.5.
- Pearson Test of English (Academic) score 72 required
- Other evidence of proficiency in the English language, which satisfies the Board of Studies concerned.

**RPL Requirements**

In line with Senate Regulation 19, recognition of prior learning (RPL) will be considered for any student who has pursued appropriate studies in this or another institution or who possesses appropriate qualifications. RPL may be claimed for core and elective modules, subject to the following City Assessment Regulations:

9(c)(ii): RPL will be permitted where the Programme Committee has assessed the claim in terms of acceptability, sufficiency, authenticity, currency and level and can demonstrate that the student’s previously assessed or experiential learning meets all the learning outcomes stated in the Module Specification for the module for which they are to be awarded credit.

9(e)(iii): The volume of credit permissible via RPL will normally be no more than one quarter of the total credit for the programme but can be permitted up to one third of the total credit of the programme for modules undertaken at City, University of London.

Version: 3.0
Version date: July 2016
For use from: 2016-17