PROGRAMME SPECIFICATION

KEY FACTS

<table>
<thead>
<tr>
<th>Programme name</th>
<th>MSc Nursing: Adult and Mental Health (pre-registration programme)</th>
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<tbody>
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<td>School</td>
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<td>Department or equivalent</td>
<td>Division of Nursing</td>
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<tr>
<td>Programme code</td>
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PROGRAMME SUMMARY

The MSc Nursing: Adult and Mental Health (pre-registration) Programme will enable you, the student, to achieve the required professional competencies to be eligible to register with the Nursing and Midwifery Council (NMC) as a registered nurse (RN) in both Adult and Mental Health Nursing. This combined programme has been designed as an additional NMC approved Masters in Nursing.

The MSc Nursing: Adult and Mental Health (pre-registration) Programme is open to graduates who have demonstrated the ability to study independently at level 6. You must have evidence of self-direction; academic skill and competence in learning; an ability to search, evaluate and analyse research and information and be able to communicate effectively.

Mental illness has a huge impact on the physical health of an individual, people with mental health condition are at a higher risk of experiencing physical health problems, such as diabetes and heart conditions (Gilburt et al, 2014). In addition people with long term physical health conditions are more likely to suffer from a mental health issues, particularly depression. Therefore there is a need to develop a nursing workforce that is fit for the current demands of health care in the UK. A combined programme where graduates will obtain a registration in mental health and adult nursing on successful completion of the programme, will meet this demand. In addition NHS England (2014) aim for people to receive health care locally where they can receive support for multiple health conditions, not just a single disease. As a nurse with combined adult and mental health nurse registration you will be equipped to support the delivery of quality health care in a contemporary health service.

On the combined programme you will undertake adult nursing theory modules and undertake adult practice placement for all of programme stage 1 (26 weeks) and the first 42 weeks of programme stage 2 of the programme. You will then commence your mental health theory modules and mental health practice placements for the remainder of programme stage 2. In programme stage 3 of the programme you will undertake integrated theory modules and have both mental health and adult practice placements.
The philosophy underpinning your programme is based on a Relationship Centred Care approach which emphasises the importance of interaction among people as the foundation of any therapeutic or teaching activity. The underlying dimensions of this approach are the "six senses" which are considered to be fundamental to the development of meaningful relationships for the pursuit of effective care and teaching. The six senses are:

- A sense of Security – to feel safe
- A sense of Belonging – to feel part of things
- A sense of Continuity – to experience links and connections
- A sense of Purpose – to have a goal/s to aspire to
- A sense of Achievement – to make progress towards those goals
- A sense of Significance – to feel that you matter as a person


This dynamic and innovative programme uses relational care as a focus to prepare you to register as a nurse with the Nursing and Midwifery Council (NMC) and attain a Masters in Nursing (Adult and Mental Health). It enables you to develop into a knowledgeable, adaptable, reflective, culturally sensitive and compassionate practitioner with a proven capacity for critical, creative and original thinking.

The combined programme recognises the unique knowledge and skills developed in both the adult and mental health field of nursing. The combined programme equips you with the appropriate knowledge, skills and values to meet the changing needs of complex healthcare in the 21st Century across a range of practice settings. In your practice you will be expected to demonstrate professional values, exercise clinical judgement, champion diversity and challenge inequalities.

You will be a critical appraiser and user of research enabling you to demonstrate a self-sufficient and creative approach to care and practice development. The programme fosters a commitment to lifelong learning and academic excellence in teaching, facilitation, clinical practice and leadership which will harness your future aspirations as a registered practitioner. This ideally positions you to pursue an accelerated career pathway and to become a future leader, clinical expert or researcher within the nursing profession.

You will undertake theory and practice in both the adult and mental health fields of nursing which require you to meet the NMC Standards for Pre-Registration Nursing Education (2010) and achieve specified learning outcomes. The intellectual, professional, academic and clinical competencies that you must acquire for the Adult field of practice are also informed by The European Directive 2005/36/EC (NMC, 2010, p 93-96). The combined programme will set you on the path to achieving clinical proficiency in both the adult and mental health fields of practice.

Having successfully completed this programme you will be able to:

- deliver high quality essential care
- deliver complex care to service users in your fields of practice
- act to safeguard the public, and be responsible and accountable for safe, person-centred, evidence-based nursing practice
• act with professionalism and integrity, and work within agreed professional, ethical and legal frameworks and processes to maintain and improve standards
• practise in a compassionate, respectful way, maintaining dignity and wellbeing and communicating effectively
• act on your understanding of how people's lifestyles, environments and the location of care delivery influence their health and wellbeing
• seek out every opportunity to promote health and prevent illness
• work in partnership with other health and social care professionals and agencies, service users, carers and families ensuring that decisions about care are shared
• Use leadership skills to supervise and manage others and contribute to planning, designing, delivering and improving future services.

The Combined Adult and Mental Health Master’s Programme will be completed over three years and will involve theory and practice modules. The theoretical hours of the programme are made up of City’s requirement for students to expend 150 hours of student effort for every 15 credits awarded and an additional number of theory hours allocated based on your ability as a graduate to study independently. These additional hours allow you to achieve the professional competencies and registration required by the NMC. The combined programme consists of 3 programme stages and you will be expected to demonstrate achievement of set competencies and outcomes at the end of each programme stage to enable progression to the next programme stage or to complete the programme. All programme stages of the programme will be at HE Level 7 (Masters Level). You must commence and complete the programme within a five year period as per the existing programme.

At the end of programme stage 1 and 2 of the programme you are required to complete an online declaration of good health and character. This must be completed before you progress onto the next programme stage of the programme. On completion of the programme the Programme Director signs the NMC Declaration of Good Health and Character for all successful nursing applications to the NMC register and you will therefore be eligible to apply for registration with the NMC.

On completion of the Masters you will have a systematic understanding of nursing knowledge and a critical awareness of contemporary issues in nursing practice and will be able to critically evaluate current research and advanced scholarship in nursing and nursing practice. You will have completed 3300 theory hours and 3350 practice hours, inclusive of RPL.

If you exit the programme at Postgraduate Certificate (without NMC registration) or Postgraduate Diploma (with NMC registration) level you will have been enabled to examine theories related to nursing and will be able to synthesise these. You will have gained critical insight into problems that may arise in this area and be able to consider problem solving mechanisms. You will also be able to use a range of techniques to undertake your scholarly work.

Practice experience within London will give you a unique opportunity to experience working within a multi-cultural and multi faith community that reflects a diverse socioeconomic population. Your practice experience will take place in a variety of settings, such as acute hospital units and service users’ own homes. During your programme you will give direct care in the practice setting and you will be supernumerary. At least 40% of your time will be spent being supervised (directly or indirectly) by a mentor/practice teacher. Your mentors will have completed the mentorship module and must attend
regular mentor updates to maintain their currency and awareness of your programme requirements.

The route is divided into 6 theoretical units of study which have been mapped against the 3 year BSc (Hons) route and the RPL process to ensure that all professional requirements have been met. The theoretical component of HAM052 integrated dissertation module will be taught in Unit Five. The supervision to support this work will be provided and submission will take place in Unit Six. Engaging in Practice modules (incorporating Simulated practice) make up the practice component of each part of the route. The units are as follows:

- **Unit One:** Foundations in Health and Nursing
- **Unit Two:** Acute care Adult Nursing
- **Unit Three:** Long Term Care Adult Nursing
- **Unit Four:** Acute care Mental Health Nursing
- **Unit Five:** Long Term Care Mental Health Nursing
- **Unit Six:** Developing Leaders and Managers of Care

At the beginning of the combined programme you will be provided with a ‘route map’ identifying which modules you are required to complete. You will also be given details of the specific practice experience placements that you will undertake in each part. You will be allocated a personal tutor at the beginning of the combined programme who will be responsible for overseeing your pastoral wellbeing and will also be able to advise you on a range of academic issues. Your personal tutor will be a member of the academic team who will have adult and mental health nurse registration with the NMC. During your practice experience you will be allocated a mentor who will supervise your practice, help you to negotiate learning opportunities and assess your progress. In your final mental health and adult placement you will take part in tripartite meetings. These meetings will take place between you, your mentor and your personal tutor (with adult and mental health registration). The meetings will be held at the beginning, midway and at the end of your final placement. The meetings are to support you in clinical placement and provide you with the opportunity to integrate your skills, knowledge and experience from both fields of practice.

Both the theory and practice modules are outlined in the module specifications.

**References:**

WHAT WILL I BE EXPECTED TO ACHIEVE?

On successful completion of this programme, you will be expected to be able to:

Knowledge and understanding:

- Demonstrate the ability to practise autonomously, to be responsible and accept accountability for safe, compassionate, person-centred, evidence-based nursing care
- Show that you can deal with clinical issues systematically and creatively, make informed judgements and effectively communicate these to others
- Assess and meet the full range of essential physical and mental health needs of people of all ages who come into your care
- Critically evaluate complex care needs and provide relevant and effective evidence-based care, taking into account the complexity of incomplete or contradictory evidence
- Critically analyse a full range of possible interventions including the use of up-to-date technology and take initiative when making decisions about managing care
- Demonstrate a comprehensive understanding of how a range of socio-cultural factors influence health behaviours and creatively draw upon these to assist in the planning and delivery of individualised care
- Demonstrate knowledge of a range of theories and frameworks from the biological, social and behavioural sciences and apply these creatively to practice
- Apply clinical governance processes to maintain and improve nursing practice, standards of health care and provision of services and identify areas for practice development
- Critically review and appraise relevant theory and research related to health, illness, health outcomes and public health priorities to develop critical responses and approaches to care
- Demonstrate a critical and reflective knowledge and application of relevant legislation and social policy
- Critically evaluate and manage clinical risk and generate solutions for practice
- Utilise a range of individual and community information and data to promote social inclusion and equal access to healthcare
- Demonstrate confidence in formulating research questions in qualitative and quantitative research projects
- Demonstrate critical awareness of methods and study designs in qualitative and quantitative research
**Field specific – Mental Health Nursing**

- Demonstrate self-awareness in relation to your own mental health and distress through the media of critical reflection and clinical supervision
- Demonstrate the appropriate application of a range of individual and group psychological and psychosocial interventions for people with mental health problems

**Field specific – Adult Nursing**

- Appraise the complex needs arising from ageing, cognitive impairment, long term conditions and those approaching the end of life
- Recognise and respond to the needs of all people who come into your care including babies, children and young people, pregnant and post-natal women, people with mental health problems, people with physical disabilities, older people and those with long term problems such as cognitive impairment.

**Skills:**

- Demonstrate that you can work in partnership with all health and social care professionals and agencies, service users, their carers and families in all settings to ensure decisions about care are informed and shared
- Demonstrate that you can work independently and within a team making the best use of the capacities of others when delegating or supervising others
- Communicate effectively, safely, compassionately and respectfully using a range of strategies including appropriate technology
- Assess the need for and negotiate reasonable adjustments for people with disabilities to promote optimum health and enable equal access to services
- Demonstrate that you can work in partnership with service users and carers to assess, diagnose, plan, implement and evaluate safe effective relationship centred care, paying special attention to changes in health needs during different stages of life and the ill health trajectory
- Provide safe and effective immediate care to all people prior to accessing or referring to specialist services irrespective of your field of practice
- Act as an advocate for service users and carers or refer to specialist services
- Confidently operate in complex and unpredictable situations whilst managing yourself and others effectively
- Demonstrate critical insight into your own potential management and leadership skills which can be developed following registration
- Utilise critical reflection to evaluate your own clinical and academic performance, acknowledge limitations and commit to a developmental action plan as part of lifelong learning
- Recognise the need for conflict resolution and make referrals for advocacy, mediation or arbitration
- Take every opportunity to promote health and healthy behaviours utilising appropriate teaching and facilitation skills
- Promote self-care and self-management in people with acute and long term conditions using a range of appropriate communication strategies
- Act as a change agent and provide leadership through quality improvement and service development to enhance people’s wellbeing and experiences of healthcare and to shape future services
- Demonstrate that you can facilitate nursing students and others to develop their competence
- Critically assess association of variables and interventions in quantitative and qualitative research methods
- Critically synthesise data from quantitative and qualitative analysis

**Field specific – Mental Health Nursing**

- Practice in a way that eliminates power imbalances between professionals and people with mental health problems
- In an individual or group setting, employ the skills of relationship building and communication to engage with and support people who are experiencing specific forms of mental distress e.g.: hearing voices, perceptual distortion, disorientation or extremes of mood.
- Be sensitive to and take account of the impact of abuse and trauma on people’s wellbeing and the development of mental health problems.
- Utilise your own personal qualities, experiences and interpersonal skills to develop and maintain recovery focused relationships to take forward psychosocial education or problem solving to help people cope and safeguard those who are vulnerable, including when compulsory measures are required.
- Critically assess and manage risk within mental health care environments taking into account safety, the person’s sense of security and therapeutic outcomes

**Field specific – Adult Nursing**

- Recognise and creatively respond to the changing needs of adults, families and carers during terminal illness
- Safely use appropriate invasive and non-invasive procedures and medical devices within medical and surgical nursing practice

**Values and attitudes:**
- Demonstrate an empathic and compassionate approach to care
- Exercise critical and sound judgement in professional practice to care for and safeguard the public
- Show professionalism and integrity and work within recognised professional, ethical and legal frameworks
- Show concern for and promote diversity, safety, dignity and rights of service users, carers and colleagues and challenge discrimination and unprofessional practice
- Demonstrate the use of personal reflection and self-awareness to critically appraise how your own values, principles and assumptions may affect your practice
- Demonstrate regard for ethical issues relating to research in health and social care settings
### Field specific – Mental Health Nursing
- Demonstrate respect for the lived experience of people with mental distress and provide person-centred and recovery focused care
- Promote mental health and help prevent mental health problems in at risk groups

### Field specific – Adult Nursing
- Acknowledge that service users choices may change at different stages of progressive illness, loss and bereavement

This programme has been developed in accordance with the QAA Subject Benchmark for Nursing.

### Registration Period
The normal period of registration for the award of MSc is 3 years and the maximum period of registration is 5 years.

### HOW WILL I LEARN?

The programme uses a blended approach encompassing both face to face and online learning and teaching strategies. It makes full use of available learning technologies whilst recognising the value of face to face interaction and facilitation. The approaches used reflect the higher level of ability of graduates and provide you with opportunities to integrate learning. The variety of methods used will develop your current strengths and preferred learning styles, but will also help you to acquire further educational strategies to meet the required outcomes of the programme.

A range of methods will be used throughout the programme, including:

- **Lectures** – A lecture enables information to be presented in a logical manner to groups of students. This is a useful method for presenting an overview of new materials and in stimulating you to read further around the subject area. Lectures may be in ‘real time’ or recorded. A lecture can help you to feel secure developing your understanding of complex knowledge required for your field of practice and point you to significant areas for further study.

- **Seminar Groups** – These small groups will encourage you to apply theory to practice and to develop a deep and systematic understanding of subject matter. They encourage team working and can be motivating, enhance communication skills and challenge powers of reasoning. Small groups are field specific and you will remain in the same small group throughout the adult part of the programme. You will then transfer into a mental health group with some of your adult student colleagues on the combined programme. This helps to foster a sense of belonging to a particular professional group and provides continuity. Small group work will entail you giving presentations to demonstrate achievement of set tasks; engaging in practical sessions to develop your clinical skills; or debates to engage you in group discussions around contemporary or
complex issues or to pursue specific lines of enquiry. Small groups may meet in the classroom or in a ‘virtual environment’ such as a discussion forum or online tutorial.

- **Laboratory Practicals** – These will enable you to consolidate material taught in the lectures, facilitate the acquisition of manual and team skills and provide opportunities for you to use conceptual knowledge and cognitive processes.

- **Enquiry Based Learning (EBL)** – this enables the introduction of a ‘trigger’ or complex situation so that you can embark on a journey of enquiry related to the issues(s) raised. EBL helps you to develop ideas at a high level of abstraction whilst helping you to develop critical responses within group dynamics.

- **Practice Experience** – The aim of practice experience is for you to observe, participate and practise your skills in a variety of real life contexts. The experience enables you to purposely relate theory to the practice of caring and enables your skills and knowledge to develop through supervised practice. Your practice experience will take place within a distinct Community of Practice (adult nursing) so that you work consistently within an established team of health and social care professionals. Your practice experience will take place in a variety of settings such as specialist units, hospital wards and primary care settings such as Health Centres and service user’s homes. Mental Health Nursing also has Student Led Individual Clinical Experience (SLICE). This is designed to allow students to identify and negotiate their own practice experiences from the range of audited placements available to City students. SLICE enables students the opportunity to pursue their own interests and areas of skills development.

- **Simulated Practice (SimPrac)** – This enables you to be placed into situations which simulate real life clinical scenarios. Simulation enables you to practise skills within a safe environment and assists with the transfer of these skills to the ‘real life’ setting. A range of technologies are used to facilitate learning e.g. high fidelity simulation models; video feedback and analysis for debriefing. You will be encouraged to generate original and creative solutions to complex situations, which will enable you to argue for alternative approaches to care in practice.

- **Personal and Professional Development Groups (PPD)** - As a student on the combined programme, you will be expected to attend a weekly PPD group. The group will continue until completion of the programme, attendance at these groups is mandatory. The PPD group will offer you a setting where discussions regarding your practice experience can be held within a regular, consistent and safe environment. It will help you develop awareness that mental health nursing practice can be emotionally challenging. The aim of the group is to provide you with the opportunity to recognise the emotional impact of working in a mental health environment. The PPD group will help you explore and manage the challenges within the mental health field of practice in order to avoid burn-out, assist you to develop your clinical decision making and encourage to progress into a thoughtful and compassionate mental health professionals. PPD groups are facilitated by two academics, one of whom will be a mental health registered nurse.

- **Tripartite Meetings** - Meetings, which will take place between you, your mentor and a university lecturer (with adult and mental health registration). These meetings will take place during your final placement. The meetings will be held at the beginning, midway and at the end of your final placement. These meetings are an opportunity to develop your learning contract and integrate your adult and mental health nursing knowledge and skills. The aim of these meetings is to provide you with the opportunity to identify your learning and development needs in relation to integrated care, as well as offer you
and your mentor support. Tripartite meetings provide you with a supportive and open forum for practice based learning where all contributions will be valued and respected, recognise the unique skills of the adult and mental health fields of nursing and exploring ways to integrate them in care delivery.

• Guided Independent Study – During the programme you will have time allocated to undertake prescribed activities individually or in study groups. These activities may form part of the formative assessment strategy to help you to complete the summative assessment or may be set tasks which you should complete prior to attendance at a taught session. Based on your ability as a graduate to study independently at advanced levels, 200 hours of additional self-study have been included in your programme in Unit one, two and three. Some of these will be allocated to specific tasks and some will be for you to pursue your own independent lines of inquiry. This time is allocated in order for you to complete the hours stipulated by the Nursing and Midwifery Council to achieve professional proficiency and registration and is in addition to City's requirement for students to expend 150 hours of student effort for every 15 credits awarded. In the remaining Units within the programme you will be expected to meet City's requirement for each module.

• Student Directed Learning – You may also use some of the additional study time to explore areas of interest, practise skills and prepare for assessments. Whilst this time counts towards the theoretical hours for the programme, it will be up to you to decide exactly how you spend this time and which areas of learning you wish to pursue. You may negotiate with relevant module leaders which areas of study might be appropriate. You may also use this time to attend any of the seminars and master classes open to post-graduate students.

• Online Learning- Online learning uses computer and internet based technologies and resources. These technologies will be used to facilitate, distribute and enhance learning. The portal to online learning at City is situated within a virtual learning platform named Moodle. You will be given access rights to Moodle and other appropriate online resources.

You will have also have access to City student support facilities from the Learning Success Team, Dyslexia Support Unit and Disability Support Team.

Learning and teaching hours:

Overall the programme hours are 6650 which is organised as 3300 theory and 3350 practice experience, inclusive of RPL. When in practice you will work the equivalent of 37.5 hours per week. Theoretical hours will consist of direct contact hours and additional study hours which enable you to achieve both the theoretical and professional requirements of the programme (see above for details). Time is also allocated within the programme for you to complete your assessments.

WHAT TYPES OF ASSESSMENT AND FEEDBACK CAN I EXPECT?

Assessment and Assessment Criteria

A range of assessment strategies will be used throughout the programme to test your knowledge, attitudes, skills and standards of competency in all aspects of the Masters route. A variety of assessment types suits the spectrum of ability and learning preferences within
the student body. As a graduate, some of the strategies used will be familiar to you, whilst others may not. The assessment strategy gives you the opportunity to demonstrate postgraduate levels of ability in both theory and practice. You will be expected to demonstrate evaluation, synthesis of ideas, creativity and originality of thought and the ability to operate within complex and unpredictable contexts.

Most modules have only one summative assessment with 100% weighting but there are some modules where there is more than one assessment and the weighting for each assessment component is outlined clearly within the module specification.

The menu of assessment strategies used within the programme may include:

- Practice Assessment Document (PAD): these will help you to demonstrate achievement of adult and mental health field specific practice competencies and also to record the number of hours of practice experience per field. You will be expected to complete one PAD in part one of the programme and one adult and one mental health PAD for parts two and three to enable progression to the next part of the programme. Each PAD will incorporate a written exposition of an episode of care. PADs are a pass or fail and are not assigned any academic credits.

- Written assignment, including essay: these enable you to explore and demonstrate the links between theory and practice. You will be expected to demonstrate a deep and systematic understanding related to set subject areas and use ideas at a high level of abstraction. You will demonstrate critical application of theories and principles to practice; critical appraisal of the evidence base; synthesis of ideas; an ability to critically reflect upon practice and generate suggestions for practice development. Essays may take the form of care studies in which you will be expected to relate your essay to a particular service user or they may be reflective accounts of learning achieved whilst undertaking set tasks such as community profiling or patchwork texts.

- Written examinations (short answer questions, multiple choice questions, calculations; scenario based): enable you to demonstrate your ability to recall safe levels of knowledge which can be applied in practice. These are used when safety is of paramount importance for example the requirement for accurate drug calculations. Examinations can also test your ability to critically discuss safe, prioritised and evidence based care for service users with complex needs.

- Objective Structured Clinical Examination (OSCEs): these are practical examinations which enable you to demonstrate particular clinical, communication or teaching skills. You will be expected to critically reflect upon your performance in OSCEs. OSCEs are graded to reflect your application of theory to practice.

- Presentations: will enable you to demonstrate your ability to summarise and present salient information to your peers.

In each module you will be given assessment guidelines which will outline the nature of the specific summative assessment and give clear guidance on how you can achieve the set assessment criteria for this. The pass mark for all graded assessments is 50%. You will be given two attempts at each assessment.

Assessment Criteria are descriptions, based on the intended learning outcomes, of the skills, knowledge or attitudes that you need to demonstrate in order to complete an assessment.
Grade-Related Criteria are descriptions of the level of skills, knowledge or attributes that you need to demonstrate in order to achieve a certain grade or mark in an assessment, providing a mechanism by which the quality of an assessment can be measured and placed within the overall set of marks. Assessment Criteria and Grade-Related Criteria will be made available to you to support you in completing assessments. These may be provided in programme handbooks, module specifications, on the virtual learning environment or attached to a specific assessment task.

Feedback on assessment

Feedback will be provided in line with our Assessment and Feedback Policy. In particular, you will normally be provided with feedback within three weeks of the submission deadline or assessment date. This would normally include a provisional grade or mark. For end of module examinations or an equivalent significant task (e.g. an end of module project), feedback will normally be provided within four weeks. The timescale for feedback on final year projects or dissertations may be longer. The full policy can be found at:


Assessment Regulations

In order to pass your Programme, you should complete successfully or be exempted from the relevant modules and assessments and will therefore acquire the required number of credits. You also need to pass each Programme Stage of your Programme in order to progress to the following Programme Stage (NMC, 2010).

The programme stages of the programme are weighted as follows:

Programme Stage 1: 25%
Programme Stage 2: 50%
Programme Stage 3: 25%

The pass mark for each theoretical module is 50%. The PADs are a pass or fail and are not assigned any academic credits. If you fail an assessment component or a module you will normally be offered one resit attempt.

If you are successful in the resit, you will be awarded the credit for that module. The mark for each assessment component that is subject to a resit will be capped at the pass mark for the module. This capped mark will be used in the calculation of the final module mark together with the original marks for the components that you passed at first attempt.

A student who has not met the pass requirements for a Module due to failure in a resit may, at the discretion of the Assessment Board, be offered a second resit subject to the following criteria:

- The student has failed no more than one assessment.
• An overall average of at least 60% in the taught elements of the programme excluding the failed assessment must have been achieved.
• A second resit cannot be offered for any practical failed assessment (either placement or in-house clinical).

All modules will be weighted equally in this process so a 15 credit module would be given equal consideration as a 45 credit module.

If the assessment is practice based and there are only outstanding signatures, the module is not ‘failed’, but referred and students can re-submit their Practice Assessment Document (PAD). The outstanding signatures, and thus the fail, will not be counted when calculating the average grade over the programme or part.

If you fail to meet the requirements for the Programme, the Assessment Board will consider whether you are eligible for an Exit Award as per the table below.

If you would like to know more about the way in which assessment works at City, please see the full version of the Assessment Regulations at: http://www.city.ac.uk/__data/assets/word_doc/0003/69249/s19.doc

WHAT AWARD CAN I GET

Academic and Clinical Awards

MSc Nursing: Adult and Mental Health (pre-registration) with eligibility to apply for NMC registration in both adult and mental health field of nursing.

<table>
<thead>
<tr>
<th>Programme Stage</th>
<th>HE Level</th>
<th>Credits</th>
<th>Weighting (%)</th>
<th>Class</th>
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<tr>
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<td>30</td>
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<td>7</td>
<td>75</td>
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MSc Nursing: Adult and Mental Health (pre-registration) with eligibility to apply for NMC registration in relevant adult or mental health field of nursing

If you successfully complete the theory requirements for Masters: achieved passes at level 7 from modules HSM001, HSM101, HSM132, HSM043, HAM332, HAM043, HAM201, HAM051, HAM052 and HAM301; but fail one PAD in a specific field in HAM301. You may exit with a Masters and be eligible to apply for professional registration with the NMC in the relevant field of practice.

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Academic and Non-Clinical Award

**MSc Nursing: Adult and Mental Health (pre-registration) non-clinical (without NMC registration)**

If you successfully complete the theory requirements for Masters: achieved passes at level 7 from modules HSM001, HSM101, HSM132, HSM043, HAM332, HAM043, HAM201, HAM051, HAM052 and HAM301; but fail the PAD in both fields of practice in HAM301. You may exit with a Masters but will not be eligible to apply for professional registration with the NMC.

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Academic and Clinical Awards:

**PG Diploma: Adult and Mental Health (pre-registration) with eligibility to apply for NMC registration in both adult and mental health field of nursing.**

If you fail to meet the requirements for the Masters’ dissertation and have exhausted all permitted resit opportunities for HAM052 integrated dissertation and subject to having achieved passes at level 7 from modules HSM001, HSM101, HSM132, HSM043, HAM332, HAM043, HAM201, HAM051 and HAM301. You may be awarded a Postgraduate Diploma Nursing and may be eligible to apply for professional registration with the NMC in both adult and mental health nursing.

<table>
<thead>
<tr>
<th>Programme Stage</th>
<th>HE Level</th>
<th>Credits</th>
<th>Weighting (%)</th>
<th>Class</th>
<th>% required</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>7</td>
<td>30</td>
<td>25</td>
<td>With Distinction</td>
<td>70</td>
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<tr>
<td>2</td>
<td>7</td>
<td>105</td>
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<td>With Merit</td>
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<td>7</td>
<td>30</td>
<td>25</td>
<td>Without Classification</td>
<td>50</td>
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</tbody>
</table>

**PG Diploma: Adult and Mental Health (pre-registration) with eligibility to apply for NMC registration in the relevant adult or mental health field of nursing**

If you fail to meet the requirements for the Masters: successfully complete the theory requirements for PG Diploma: achieved passes at level 7 from modules HSM001, HSM101, HSM132, HSM043, HAM332, HAM043, HAM201, HAM051 and HAM301; but fail one PAD
in a specific field in HAM301. You may exit with a PG Diploma and be eligible to apply for professional registration with the NMC in the relevant field of practice.

<table>
<thead>
<tr>
<th>Programme Stage</th>
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</tbody>
</table>

**PG Diploma: Adult Nursing (pre-registration) with eligibility to apply for NMC registration in the adult field of nursing**

If you successfully complete the theory and clinical requirements for PG Diploma and achieved passes at level 7 from modules HSM001, HSM101, HSM132 and HSM043 but then after transferring to the mental health pathway realise that this pathway is not the correct choice and you wish to complete the adult pathway only. You will then need to take a progression break and return to commence part three of the programme with the next available adult cohort. Upon successful completion of HSM051 and HSM301 in part three, you may then exit with a PG Diploma and be eligible to apply for professional registration with the NMC in the adult field of practice.

<table>
<thead>
<tr>
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**Academic Exit Award:**

**Postgraduate Diploma: Health Studies (Non-Clinical – without NMC registration)**

If you fail to meet the requirements for the Masters: successfully complete the theory requirements for PG Diploma: achieved passes at level 7 from modules HSM001, HSM101, HSM132, HSM043, HAM332, HAM043, HAM201, HAM051 and HAM301 but fail the PAD in both fields of practice in HAM301. You may exit with a PG Diploma but will not be eligible to apply for professional registration with the NMC. With this award you may only receive academic credits that you have attained but will not obtain professional registration with the NMC to practice as a nurse.

<table>
<thead>
<tr>
<th>Programme Stage</th>
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<td>25</td>
<td>Without Classification</td>
<td>50</td>
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</tbody>
</table>

**Postgraduate Certificate: Health Studies (Non-Clinical – without NMC registration)**
If you fail to meet the requirements for the Masters and the PG Diploma and have exhausted all permitted resit opportunities, but have achieved 60 credits at level 7 from modules HSM001, HSM101, HSM132 and HSM043 you may be awarded a Postgraduate Certificate Health Studies without NMC registration. With this award you may only receive academic credits that you have attained but will not obtain professional registration with the NMC to practice as a nurse.

<table>
<thead>
<tr>
<th>Programme Stage</th>
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<th>Credits</th>
<th>Weighting (%)</th>
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<td>With Merit Without Classification</td>
<td>60 50</td>
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</tbody>
</table>

**WHAT WILL I STUDY?**

**Programme Stage 1**

To pass Programme Stage 1 you must successfully complete both the theoretical and practice elements of the programme by the end of this part (NMC 2010).

Programme Stage 1 is common to all 2 pathways. It constitutes one unit and has 1 core theory module and a practice experience module which incorporates simulated practice.

Unit One:

- Foundations in Health and Nursing comprises of 1 core theory module: Relationship Centred Care and Concepts of Biology for Health (HSM001)

- The practice component of Part 1 comprises of: Engaging in Practice 1 (HSM101)

<table>
<thead>
<tr>
<th>Module Title</th>
<th>SITS Code</th>
<th>Module Credits</th>
<th>Core/ Elective</th>
<th>Compensation Yes/No</th>
<th>Level</th>
</tr>
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<tbody>
<tr>
<td>Relationship Centred Care and Concepts of Biology for Health</td>
<td>HSM001</td>
<td>15</td>
<td>C</td>
<td>No</td>
<td>7</td>
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<tr>
<td>Engaging in Practice 1</td>
<td>HSM101</td>
<td>15</td>
<td>C</td>
<td>No</td>
<td>7</td>
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</tbody>
</table>

**Self-Declaration**

Is it a NMC requirement that you need to submit a Self-Declaration form regarding your Fitness to Practice. You are required to complete the Self-Declaration form at the end of each part of the programme and the data base of these will be checked at Progression Boards. You must have stated that you are fit to continue practising to progress and failure to complete this form
when required will prevent you from progressing from programme stage one of the programme to programme stage two.

**Programme Stage 2**

To pass Programme Stage 2 you must successfully complete both the theoretical and practice elements of the programme by the end of this part (NMC 2010).

Programme Stage 2 has field specific modules which reflect the 2 pathways that you will undertake.

In each pathway there are 2 core theory modules and a practice experience module which incorporates simulated practice.

**Adult Field:**

There are two theoretical units to Programme Stage 2 of the programme:

**Unit Two :**

- Acute Care comprises of 1 core theory module
  Experiencing Acute Care, Diagnostics and Treatment: Adult Nursing (HSM132)

- The practice component of Part 2 comprises of 1 module:
  Engaging in practice 2 Adult Nursing (HSM201)

**Unit Three:**

- Long Term Care comprises of one core theory module.
  Experiencing Long term Care, Rehabilitation and Recovery: Adult Nursing (HSM043)
  Engaging in practice 2 Adult Nursing (HSM201) - this continues on from unit two

<table>
<thead>
<tr>
<th>Module Title</th>
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<th>Core/ Elective</th>
<th>Compensation Yes/No</th>
<th>Level</th>
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</thead>
<tbody>
<tr>
<td>Experiencing Acute Care, Diagnostics and Treatment (Adult Nursing)</td>
<td>HSM132</td>
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<tr>
<td>Experiencing Long Term Care, Rehabilitation and Recovery (Adult Nursing)</td>
<td>HSM043</td>
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<tr>
<td>Engaging in practice 2 (Adult Nursing)</td>
<td>HSM201</td>
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</tbody>
</table>

**Mental Health Field:**
There are two theoretical modules and one combined theoretical and practice module to Programme Stage 2 of the programme:

Unit Four:

- Principles of Mental Health Practice (HAM201) A theory and practice modules, the theory component will take place in Unit Four
- Acute Care comprises of 1 core theory module Experiencing Acute Care, Diagnostics and Treatment: Mental Health Nursing (HAM332)

Unit Five:

- Long Term Care comprises of one core theory module. Experiencing Long term Care, Rehabilitation and Recovery: Mental Health Nursing (HAM043)
- A theory and practice module, the practice component will take place in Unit Five Principles of Mental Health Practice. (HAM201).

<table>
<thead>
<tr>
<th>Module Title</th>
<th>SITS Code</th>
<th>Module Credits</th>
<th>Core/ Elective</th>
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<th>Level</th>
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<tr>
<td>Principles of Mental Health Practice</td>
<td>HAM201</td>
<td>15</td>
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<tr>
<td>Experiencing Acute Care, Diagnostics and Treatment (Mental Health Nursing)</td>
<td>HAM332</td>
<td>15</td>
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<td>7</td>
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<tr>
<td>Experiencing Long Term Care, Rehabilitation and Recovery (Mental Health Nursing)</td>
<td>HAM043</td>
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</tbody>
</table>

Self-Declaration

Is it a NMC requirement that you need to submit a Self-Declaration form regarding your Fitness to Practice. You are required to complete the Self-Declaration form at the end of each part of the programme and the data base of these will be checked at Progression Boards. You must have stated that you are fit to continue practising to progress and failure to complete this form when required will prevent you from progressing from programme stage two of the programme to programme stage three.

Programme Stage 3
To pass Programme Stage 3 you must successfully complete both the theoretical and practice elements of the programme by the end of this programme stage.

**Structure**

Programme Stage 3 has a common theory module and a dual field specific practice module which reflect the adult and mental health fields you will undertake. It has 2 core theory modules and a practice experience module. There is 1 Theoretical Unit in Programme Stage 3 of the programme:

Unit Six:

- Developing Leaders and Managers of Care has one theory module Leading and Managing in Health Care Practice (HAM051)
- The theory of this module is taught in Unit 5 but the dissertation supervision will be provided in Unit 6. Integrated Dissertation (HAM052)
- A theory and practice module, the practice component will take place in Unit Five Integration of Adult and Mental Health Practice (HAM301)

<table>
<thead>
<tr>
<th>Module Title</th>
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<th>Module Credits</th>
<th>Core/ Elective</th>
<th>Compensation Yes/No</th>
<th>Level</th>
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<tbody>
<tr>
<td>Leading and Managing in Professional Practice (Adult &amp; Mental Health Nursing)</td>
<td>HAM051</td>
<td>15</td>
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<tr>
<td>Integrated Dissertation</td>
<td>HAM052</td>
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<td>7</td>
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<tr>
<td>Integration of Adult and Mental Health Practice</td>
<td>HAM301</td>
<td>15</td>
<td>C</td>
<td>No</td>
<td>7</td>
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</tbody>
</table>

TO WHAT KIND OF CAREER MIGHT I GO ON?

Following completion of the programme there are a wide range of opportunities to practice as a Registered Nurse across both adult and mental health fields of practice. Nursing takes place in a variety of care contexts and settings including acute hospital settings; health centres; residential care; service users’ homes; business and large organisations; social enterprise; public health; education and prisons.

This programme ideally positions you to pursue an accelerated career pathway and to become a future leader, clinical expert or researcher within the nursing profession. Your personal career
aspirations can be discussed during your programme with your personal tutor and you may also seek help and guidance from City's Careers service.

You will also be given opportunities to prepare for interviews and develop Personal Development Plans during the programme.

If you would like more information on the Careers support available at City, please go to: http://www.city.ac.uk/careers/for-students-and-recent-graduates.

WHAT STUDY ABROAD OPTIONS ARE AVAILABLE?

There are Erasmus opportunities for students who wish to work and study in Spain.

http://www.city.ac.uk/international/international-students/exchange-programmes

WHAT PLACEMENT OPPORTUNITIES ARE AVAILABLE?

You will be required to undertake learning in placement throughout your programme – the School of Health Sciences will organise placements for you.

WILL I GET ANY PROFESSIONAL RECOGNITION?

Successful completion of this programme will enable you to be eligible to register with the NMC as a Registered Nurse (RN). You have 5 years from completion of the programme to be eligible to register your qualification with the NMC.

http://www.nmc-uk.org
**HOW DO I ENTER THE PROGRAMME?**

Applications are welcomed from a wide range of disciplines with a first or second class honours degree, but must demonstrate an awareness of health or health related care issues.

You must demonstrate competency in spoken and written English and numeracy through a minimum of Grade C or equivalent in GCSE Maths and English. In line with NMC Standards (Circular 03/2008), where the International English Language Testing System (IELTS) is offered as evidence, applicants whose first language is not English must achieve an overall average score of 7.0, with at least 7.0 in the listening, reading writing and speaking sections. You will also undertake a Cambridge Personality Assessment (CPSQ).

You must demonstrate insight into one or more of the following; public health, health care policy, health promotion, the politics of health, history of health care, epidemiology, sociology of health and illness, cultural diversity and health care, psychology, nursing and/or experience of caring, e.g. Work experience, caring for relatives

**In addition you will be required to:**

- Attend an interview with the adult and mental health programme directors and a mental health service user
- Have an occupational health and enhanced Disclosure and Barring Service check.
- Academic and character references are also required.
- Personal eligibility criteria will also be assessed in relation to residency status for further details see the NHS Bursaries Unit at [http://www.nhsbsa.nhs.uk/Students/816.aspx](http://www.nhsbsa.nhs.uk/Students/816.aspx)

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**Recognition of Prior Learning (RPL) REGULATIONS**

You will be required to complete the RPL process related to theory before you commence the programme. To commence the programme you will be expected to demonstrate achievement of the equivalent of 675 of the theoretical hours and map learning against identified learning outcomes from Unit 1 of the BSc route through the programme. You will have to RPL 500 clinical hours to be eligible for the combined programme.