



**READING LIST: BSc (Hons) / Postgraduate Diploma Mental Health Nursing**

*Please be aware you do not need to purchase all of these publications. All are available through the library as e-books or to loan. You can seek advice on this once you have started on the programme. Some of the suggested titles below are available as Kindle versions / iPad and iPhone apps as well as hard copy or eBooks.*

Benbow, W. & Jordan, G. (2013) A Handbook for student Nurses: introducing key issues relevant for practice (2<sup>nd</sup> Ed.) Banbury: Lantern Publishing .

Blows, W.T. (2011) The Biological Basis of Mental Health Nursing (2<sup>nd</sup> Ed.) Abingdon, Routledge.

Brooker, C., Nicol, M, eds., (2011), Alexander's Nursing Practice (4<sup>th</sup> Ed.) London: Elsevier.

Callaghan, P., Playle, J. & Cooper, L. eds., (2009) Mental Health Nursing Skills, Oxford, Oxford University Press.

Callghan, P & Waldock, H. eds., (2006) Oxford Handbook of Mental Health Nursing, Oxford, Oxford University Press.

Colbert, B., Ankney, J., Lee, K., Steggall, M. & Dingle, M. (2012) Anatomy and Physiology for Nursing and Health Professionals: An Interactive Journey (2<sup>nd</sup> Ed.), Harlow: Pearson Education.

Cooke, H. & Philpin, S.M., eds., (2008) Sociology in Nursing and Healthcare, Edinburgh: Bailliere Tindall.

Egan, G. (2014) The Skilled Helper. A problem management and opportunity development approach to helping (10<sup>th</sup> Ed.) Brooks/Cole, Cengage Learning.

Gimenez, J. (2011) Writing for Nursing and Midwifery Students (Palgrave Study Guides) (2<sup>nd</sup> Ed.) Basingstoke: Palgrave Macmillan.

Griffith, R. And Tenganah, C. (2014) Law and Professional Issues in Nursing (3<sup>rd</sup> Ed.) Exeter: Learning Matters

Healy, D. 2011, Psychiatric Drugs Explained, Elsevier Churchill Livingstone, Edinburgh

Hogston, R. And Marjoram, B.A. (2011) Foundations of Nursing (4<sup>th</sup> Ed.)\_ Basingstoke: Palgrave Macmillan

Hutchfield, K. And Standing, M. (2012) Succeeding in Essays, Exams and OSCEs for Nursing Students (Transforming Nursing Practice) (2<sup>nd</sup> Ed.)\_Exeter: Learning Matters.

Kozier, B. & Erb, G. (2012) Fundamentals of Nursing: Concepts, Process and Practice (9<sup>th</sup> Ed.)\_Harlow: Pearson Education.

McCabe, C. & Timmins, F. (2013) Communication Skills for Nursing Practice (2<sup>nd</sup> Ed.) Basingstoke: Palgrave Macmillan.

McCormack B, McCance T (2010) Person-centred Nursing: Theory and Practice Wiley-Blackwell, Oxford

Nicol, M, Bavin, C, Cronin, P & Rawlings-Anderson, K. (2012) Essential Nursing Skills (4<sup>th</sup> Ed.) Edinburgh, Mosby. **eBook available**

Norman, I & Ryrie, I. eds., (2013) The Art and Science of Mental Health Nursing. Principles and practice (3<sup>rd</sup> Ed) Maidenhead, Open University Press.

O'Carroll, M. & Park, A. (2007) Essential Mental Health Nursing Skills. Edinburgh, Elsevier Mosby.

Olsen, J., Giangrasso, A., Shrimpton, D., Dillon, P & Cunningham S (2010) Dosage Calculations for Nurses Harlow : Pearson

Pears, R. & Shields, G. (2010) Cite Them Right, the essential referencing guide (8<sup>th</sup> Ed.) New York: Palgrave Macmillan.

Price, B. & Harrington, A. (2013) Critical Thinking and Writing for Nursing Students (Transforming Nursing Practice), Exeter: Learning Matters.

Richards, M.A. (2012) Nursing and Health survival guide. Clinical skills Harlow: Pearson Education. **iPad and iPhone app also available £2.99**

Siviter, B.(2013) The Student Nurse Handbook (3<sup>rd</sup> Ed.)Edinburgh: Bailliere Tindall.

Spouse, J., Cook, M.J. & Cox, C., eds. (2008), Common Foundation Studies in Nursing, Edinburgh: Churchill Livingstone.

Starkings, S. & Krause, L. (2013) Passing calculations tests for nursing students. (2<sup>nd</sup> ed.) Exeter: Learning Matters.

Sully, P. & Dallas, J. (2010) Essential Communication Skills for Nursing Practice (2<sup>nd</sup> Ed.) Edinburgh : Mosby/Elsevier **eBook available**

### Biology textbooks

Please review the Pre-course reading: Orientation to the Human Body: The Organisation and General Plan of the Human Body. **You should complete this workbook prior to the start of the course.** On commencement of the programme you will be advised of suitable books for use throughout your programme.

The websites below will provide an insight into the anatomy and functioning of the human body. This will help you understand the rationale underpinning Fundamental Aspects of Care.

BBC <http://bbc.co.uk/science/humanbody>  
Virtual Body <http://medtropolis.com/virtual-body/>  
Inner body <http://www.innerbody.com>

### Online Resources

The University library is also a valuable resource for reading materials, please view our website. You can view the subject guide for Nursing, where you will find many useful library resources in one place at <http://libguides.city.ac.uk/nursing>.

You will receive an orientation to the library with your subject librarian during the induction period.