



EAT FORUM 2018 Side-Event

Scoring Shared Goals and Tackling Trade-Offs

**A workshop to identify win-wins for
health, sustainability and economic goals**

**Hosted by Centre for Food Policy, London: Kelly Parsons,
Laura Pereira, Corinna Hawkes**

MONDAY 11 June 13:15 - 14:45. ROOM TBC

Where are there synergies in food system goals?

What trade-offs will need to be reconciled?

*Which policy tools can bring goals together and create
solutions to make multiple gains?*

Come and discuss these important questions, and gain insights into how health, sustainability and economic goals can be achieved coherently across food systems.

According to the forthcoming report of the EAT-Lancet Commission on Healthy Diets from Sustainable Food Systems, '*an integrated policy approach means that everyone works to progress a shared set of goals leading to healthy diets from sustainable food systems*' (EAT-Lancet Commission 2018). But while there is agreement in principle to an integrated approach, awareness of how to achieve goals in an integrated way in *practice* is still developing, particularly in relation to how health and sustainability goals can be achieved while addressing economic considerations.

The workshop will address how food system goals interact, and identify barriers and opportunities for bringing multiple goals together. You will actively participate in small groups, on a two-stage analysis: first identifying – drawing on your experience in policy, business or research – potential shared goals across health, environment, social and economic considerations, then exploring potential political and economic barriers to achieving these. Participants will be given a summary of what we learn about the goals we have in common and how to overcome conflicts.

To get in touch please contact Kelly on Kelly.parsons@city.ac.uk; +44 7779625949

Centre for Food Policy

Educating, researching, influencing for
integrated and inclusive food policy