

MODULE SPECIFICATION

KEY FACTS

Module name	Promoting Physical, Mental and Social well-being
Module code	APM016
School	School of Health Sciences
Department or equivalent	Division of Nursing
UK credits	15
ECTS	7.5
Level	7

MODULE SUMMARY

Module outline and aims

This module is aimed at health professionals, nurses, social work and social care professionals working with people living with long term conditions who need long term care in a variety of different environments (hospital and at home, including care homes).

You will gain a critical understanding of key concepts related to managing the physical, mental and social well-being needs of people and their families living with long term conditions.

You will be equipped to respond to increasing pressures on the current health care system, including the rapid rise in the ageing population, increase in the number of people with long term conditions, and the growing need to work creatively across traditional boundaries. You will be able to integrate your learning about meeting the physical, mental and social well-being needs into your role as a health professional working with people with long term conditions in a variety of contexts.

Content outline

The context of health and social care for long term conditions and long term care

- Policies
- Processes
- Governance

A population approach to long term conditions and long term care

- Demographics
- Assessing population needs
- Commissioning for health and social care

Exploring the evidence base for long term conditions and long term care

- Quality of life vs. quality of care
- Person-centred vs. relationship-centred approaches
- Partnership working to support quality

Understanding the lived experience of long term conditions and long term care

- Service users

- Carers
- Providers

Assessing the needs of service users, carers and providers in settings that support long term conditions and long term care

- Physical, mental and social well being
- Identifying and critiquing assessment tools to support quality of life
- Ethical considerations

Developing new ways of working

- Asset based approach with individuals
- Appreciative approaches to partnership working
- Leadership to support culture change

Reflecting on long term conditions and long term care

- Critiquing policy
- Critiquing practice
- Critiquing research

WHAT WILL I BE EXPECTED TO ACHIEVE?

On successful completion of this module, you will be expected to be able to:

Knowledge and understanding:

- Demonstrate in-depth knowledge and understanding of current theoretical perspectives, evidence and research findings in the area of meeting the needs of people with long term conditions and those in need of long term care.
- Critically discuss the difference between quality of life and quality of care and how this impacts on assessing needs and measuring outcomes.
- Critically appraise measurement tools to assess physical, mental and social well-being.
- Show a critical understanding of the nature of health and social care provision and further develop your role as an advanced practitioner in a visionary way to challenge outmoded practices and offer advocacy where appropriate.
- Explore and debate ethical dilemmas in measuring quality of life and quality of care.
- Discuss how supporting the physical, mental and social-wellbeing needs of people with long term conditions links to long term care regulation, personalised outcomes and personal budgets.

Skills:

- Critical appraisal of theories, concepts, assessment tools and research.
- Ability to empower colleagues and clients, through dialogue, sharing expertise, facilitating, mentoring and role modelling. Lead professional developments and innovative practice improvements in the management of long term conditions and long term care.

- Continually and critically monitor standards of care.
- Develop and share skills in working with people.
- Advance health and social care for people with long term conditions by contributing positively to the dialogue related to working with people who require long term care.
- Demonstrate written and verbal communication skills appropriate to Masters Level.
- Develop positive self-care strategies that promote your welfare and that of others in the provision of quality care.

Values and attitudes:

- Challenge ageism and other inequitable attitudes
- Demonstrate insight, understanding and respect for the experience of service users with long term conditions, carers and colleagues.
- Provide practical advice for colleagues, service users and their carers that are needs based, value free and non-discriminatory.
- Demonstrate an understanding of the importance of complying with ethics requirements both in practice and for conduct of research with human participants
- Foster enhanced partnership working between lay and professional/health and social care/public and private providers, through valuing and respecting their contributions.
- Ensure advocacy is offered to all people who are vulnerable (including those whose first language is not English) to ensure their physical, mental and social well-being needs are met.

HOW WILL I LEARN?

A variety of learning and teaching methods will be used including: lectures, group work, seminars, technology supported learning, self-reflection, academic reading and peer review processes.

We will encourage you to contribute to your learning through actively participating within the class setting. You will be asked to relate to, and draw upon, your professional practice and share this with others.

Teaching pattern:

Teaching component	Teaching type	Contact hours (scheduled)	Self-directed study hours (independent)	Placement hours	Total student learning hours
Seminar	Seminar	22	128	0	150
Totals:		22	128	0	150

WHAT TYPES OF ASSESSMENT AND FEEDBACK CAN I EXPECT?

Assessment

For this assessment you will be required to:

- Interview an individual, together with their relative if appropriate, regarding what it is like for them living with a long term condition
- From this interview identify their physical, mental and social well being needs, relating this to relevant literature
- Make recommendations on how these needs could be met through assessment, practice, education and the commissioning process.
- Discuss how your recommendations are informed by a critique of current practice, policy and the evidence base for best practice in relation to long term conditions and long term care

Assessment pattern:

Assessment component	Assessment type	Weighting	Minimum qualifying mark	Pass/Fail?
Summative	3000 word written assignment (case study)	100%	50%	N/A

Assessment criteria

Information on the above module assessment criteria and grade-related criteria can be found on the module space in Moodle.

Feedback on assessment

Following an assessment, students will be given their marks and feedback in line with the assessment regulations and policy. More information on the timing and type of feedback that will be provided for the assessment will be available from the module leader.

Assessment Regulations

The Pass mark for the module is 50%. Any minimum qualifying marks for specific assessments are listed in the table above. The weighting of the different components can also be found above. The Programme Specification contains information on what happens if you fail an assessment component or the module.

INDICATIVE READING LIST

Aliotta SL, Grieve K, Giddens JF, Dunbar L, Groves C, Frey K, Boulton C (2008) 'Guided care: a new frontier for adults with chronic conditions'. *Prof Case*

Manag 13 (3): 151–58.

British Geriatrics Society (2011) *An Inquiry into the Quality of Healthcare Support for Older People in Care Homes: A Call for Leadership, Partnership and Improvement*. London: British Geriatrics Society

Department of Health (2005) *The National Service Framework for Long-Term Conditions*. London: Department of Health Available at: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/198114/National_Service_Framework_for_Long_Term_Conditions.pdf (accessed June 2013)

Filkin, G (2013) *Ready for ageing?* London: The Stationary Office Available at: <http://www.publications.parliament.uk/pa/ld201213/ldselect/ldpublic/140/140.pdf> (accessed June 2013)

Greenhalgh, T & Heath, I (2010) *Measuring Quality in the Therapeutic Relationship*. London: The King's Fund. Available at: www.kingsfund.org.uk/current_projects/gp_inquiry/dimensions_of_care/the_therapeutic.html (accessed June 2013).

Ham, C (2006) *Reducing Unplanned Admissions to Hospital: What does the literature tell us?* Birmingham: HSMC, University of Birmingham.

Hutt, R., Rosen, R., McCauley, J (2004) *Case Managing Long Term Conditions*. London: King's Fund.

Hutt, R & Rosen, R (2005). 'A chronic case of mismanagement?'. *Journal of Health Services Research Policy* 10 (4): 194–95.

Imison, C et al (2011) *Transforming our health system: ten priorities for commissioners* London: The King's Fund Available at: http://www.kingsfund.org.uk/sites/files/kf/field/field_publication_file/transforming-health-care-system-ten-priorities-commissioners-may11.pdf accessed June 2013)

Lloyd, C. E. & Heller, T (2011) *Long-term conditions : challenges in health and social care*. London: SAGE

Naylor, C et al. (2012) *Long-term conditions and mental health : the cost of co-morbidities* London : The King's Fund Available at: <http://www.kingsfund.org.uk/publications/long-term-conditions-and-mental-health> (accessed June 2013)

Nicol, J (2011) *Nursing Adults with Long Term Conditions*. Exeter: Learning Matters LTD

Parchman, ML., Noel, PH & Lee, S (2005) 'Primary care attributes, health care system hassles, and chronic illness'. *Med Care* 43 (11): 1123–29.

Ross, S et al (2011) *Case management: what it is and how it can best be implemented* London: The King's Fund Available at: <http://kingsfund.org.uk/publications/case-management> (accessed June 2013)

Web publications

Bardsley, M et al (2011) *Predicting social care costs: a feasibility study*. London: Nuffield Trust

<http://www.nuffieldtrust.org.uk/sites/files/nuffield/Predicting-social-care-costs-Feb11-REPORT.pdf>

Cornwell, J (2012) *The care of frail older people with complex needs: time for a revolution*. London : The King's Fund

<http://www.kingsfund.org.uk/publications/care-frail-older-people-complex-needs-time-revolution>

Department of Health (2012) *Long term conditions compendium of information*. Leeds : DH

http://www.dh.gov.uk/government/uploads/system/uploads/attachment_data/file/152318/dh_134486.pdf.pdf

Associated documentation: <http://longtermconditions.dh.gov.uk/>

Goodman, C et al (2012) *A study of the effectiveness of interprofessional working for community-dwelling older people*. Southampton: National Institute for Health Research

http://www.netscc.ac.uk/hsdr/files/project/SDO_FR_08-1819-216_V01.pdf

Goodwin, N et al (2013) *Integrated care for patients and populations: improving outcomes by working together*. London: The King's Fund

<http://www.kingsfund.org.uk/publications/integrated-care-patients-and-populations-improving-outcomes-working-together>

Lewis, G et al (2011) *Choosing a predictive risk model: a guide for commissioners in England*. London: The Nuffield Trust

http://nuffieldtrust.org.uk/sites/files/nuffield/publication/choosing_predictive_risk_model_guide_for_comissioners_nov11.pdf

NHS Confederation. Mental Health Network (2012) *Long term health gains: investing in emotional and psychological wellbeing for patients with long-term conditions and medically unexplained symptoms. Briefing ; 237* London : NHS Confederation

http://www.nhsconfed.org/Publications/Documents/Long_Term_Health_Gains_Briefing.pdf

NHS improvement (2012) *Effective pathways for long term conditions*. Leicester: NHS Improvement

http://improvement.nhs.uk/documents/LTC_Brochure.pdf

Smith, J et al (2013) *Commissioning high quality care for people with long term conditions: a research summary*. London: Nuffield Trust

http://nuffieldtrust.org.uk/sites/files/nuffield/publication/nt_comissioning_high_quality_care_summary_.pdf

Social Care Institute for Excellence (2011) *Social care and clinical commissioning for people with long-term conditions*. London: SCIE

<http://www.scie.org.uk/publications/ataglace/ataglace45.pdf>

Other web resources

NHS Networks: Commissioning for long term conditions

<http://www.networks.nhs.uk/nhs-networks/commissioning-for-long-term-conditions>

Department of Health: Improving quality of life for people with long term conditions

<https://www.gov.uk/government/policies/improving-quality-of-life-for-people-with-long-term-conditions>

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Appendix: see

http://www.hesa.ac.uk/component/option,com_studrec/task,show_file/Itemid,233/mnl,12051/href,JACS3.html/ for the full list of JACS codes and descriptions

CODES

HESA Cost Centre	Description	Price Group
B	Subjects Allied to Medicine	

JACS Code	Description	Percentage (%)
B702	Clinical practice nursing*	100%

*Also relevant to other professional disciplines working in health and social care