



Alternative Sources of Career Guidance and Information

If you are not eligible to use our service, there are other sources of advice and information.

University Careers Services

If you are studying or have studied at another university, try your university careers service. Even if you have moved away, they may be able to offer advice and information by phone, email or online.

Some UK universities occasionally allow graduates of other institutions to use some of their careers service. Contact your local service to ask.

For university careers services in UK and Ireland:

http://www.aqcas.org.uk/people/member_services

Graduate Careers Websites

For detail on careers, vacancies and further study for graduates try specialist websites e.g.

www.prospects.ac.uk
www.targetjobs.co.uk
www.insidecareers.co.uk
www.milkround.com

School/College Careers Services

If you are still at school or college, ask if there is a careers service available.

13 to 19

Advice and information for 13 – 19 year olds, including jobs, courses, career choice and access to a connexions adviser.

<http://www.direct.gov.uk/en/YoungPeople/index.htm>

Over 18s: Next Step

Advice and information for over 18s. Job profiles, courses and facility to talk to an adviser.

<https://nextstep.direct.gov.uk/Pages/Home.aspx>

Jobcentre Plus

Advice on careers, job search, benefits and access to vacancies.

www.jobcentreplus.gov.uk

Libraries

- Some public libraries have careers information and details of local sources of careers advice.
- City Business Library holds useful information for job hunters such as business directories and UK & international newspapers
- http://www.cityoflondon.gov.uk/corporation/LGNL_Services/Leisure_and_culture/Libraries/City_of_London_libraries/cbl.htm

Citizens Advice Bureaux

Advice includes employment issues, e.g. workers rights and self-employment.

www.adviceguide.org.uk

Fee paying services

C2 Careers

Not for profit careers consultancy, part of the Careers Group, University of London. Provide services to individuals and organisations.

<http://www.c2careers.com/>

ICG Registered Guidance Practitioners

Access the list of registered members of the Institute of Careers Guidance who offer guidance services for a fee.

http://www.icg-uk.org/find_a_careers_adviser.html

Commercial Consultancies

Many companies and individuals offer career advice or coaching for a fee. Check them out very carefully. You may wish to establish:

- How long they have been operating
- The qualifications, experience and training that staff offer
- Whether the organisation/individual is a member of a professional body and adhere to agreed procedures and practices.
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